

The 34-mile Lenape Trail is a unique urban/suburban trail network connecting 18 parks and 11 municipalities in Essex County. Named in recognition of the Lenni-Lenape, the original inhabitants of this area, the trail offers an easy escape to treasured green space including forested reservations, hilltop meadows, stunning overlooks, and rushing rivers. Along the way, those following the yellow blazes will find historic landmarks, community gardens, and three parks planned by Frederick Law Olmstead – the famed designer of New York City’s Central Park. The Lenape Trail also connects to larger trail networks including the Patriots’ Path, the West Essex Rail Trail, and the Morris Canal Greenway.

This 34-mile treasure is your path from your backyard to the outdoors.



The Lenape Trail offers a green respite in one of the most densely populated counties in the country.

Highlights of the Trail include:

- Hemlock Falls in South Mountain Reservation
- The Eagle Rock September 11th Memorial with stunning views of NYC
- Hilltop Reservation's open meadow
- Branch Brook Park’s Cherry Blossom Center and the Prudential Lions
- Presby Memorial Iris Gardens
- Verona Park Lake and Boathouse
- Brookdale Park's Rose Garden
- The Nutley Museum
- The Hawk Watch at Mills Reservation

The Lenape Trail is maintained by volunteers of the New York-New Jersey Trail Conference in conjunction with the Essex County Department of Parks, Recreation, and Cultural Affairs and local park conservancies. This brochure and improvements to the Trail have been made possible by the Partners for Health Foundation.

Find maps and more information at www.LenapeTrail.org.



THE LENAPE TRAIL

Essex County’s Greenway



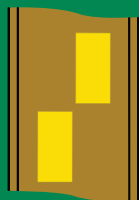
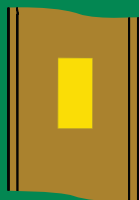
Winding 34 miles through parks and woodlands, the Lenape Trail is your easy escape to the outdoors.

UNDERSTANDING THE YELLOW BLAZES

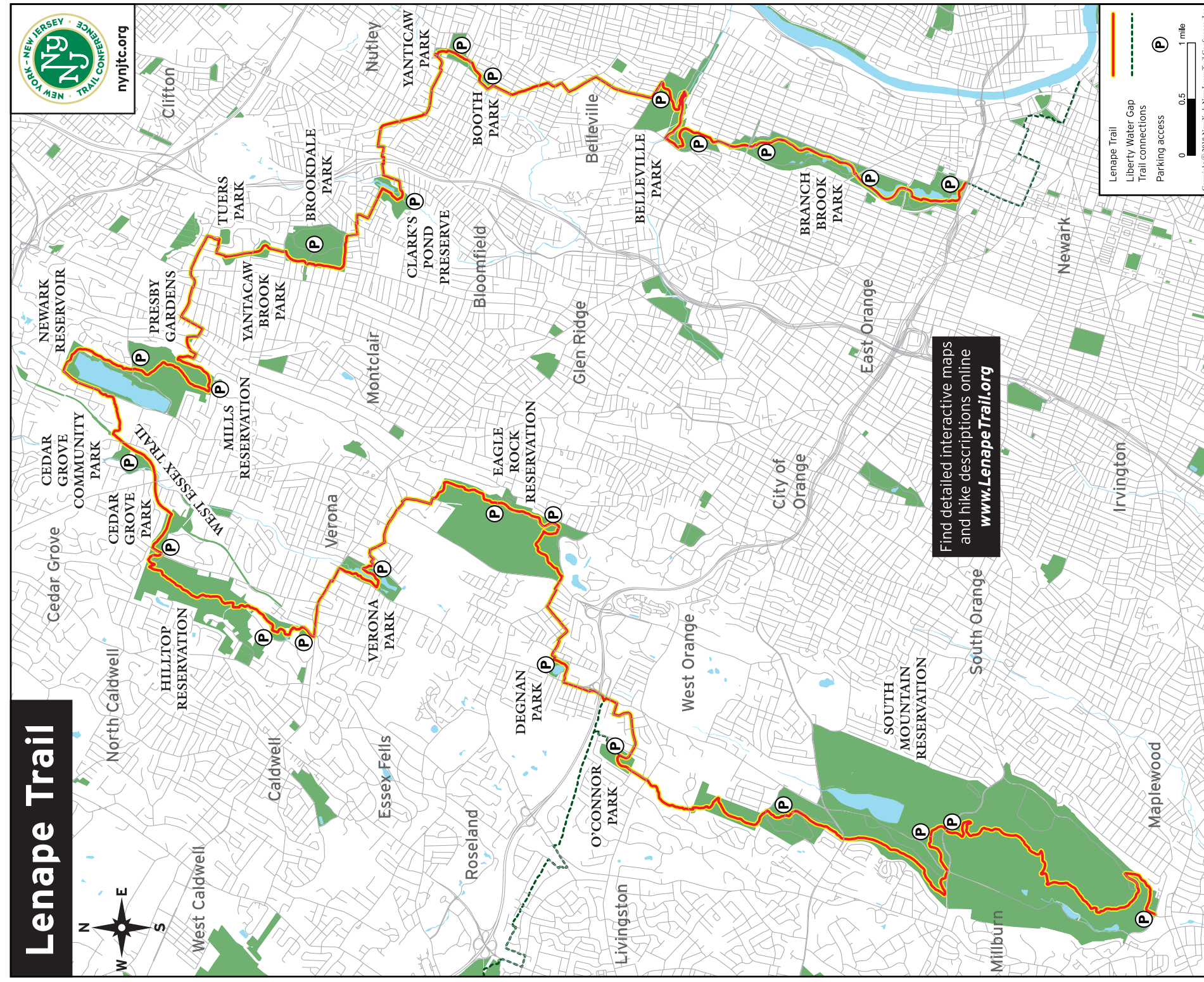
Turn Left

Straight Ahead

Turn Right



Lenape Trail



Find detailed interactive maps and hike descriptions online www.LenapeTrail.org

Map produced by the **New York-New Jersey Trail Conference**, provider of the region's best trail maps. Published maps, which show 2,000+ miles of trails in the area, are available on waterproof paper and as digital Avenza Maps app maps.

★ The **New York-New Jersey Trail Conference** is a volunteer-powered organization that builds, maintains, and protects public trails. Do your part to protect and speak up for trails, volunteer to make our trails even better, or support trails by purchasing great maps, making a gift, or becoming a member. **Learn more at nynytc.org.**

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