



New York-New Jersey Trail Conference  
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FOR IMMEDIATE RELEASE

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## **NOW AVAILABLE: NEW, IMPROVED SEVENTH EDITION OF THE EAST HUDSON TRAILS MAP SET**

December --, 2005. The New York-New Jersey Trail Conference is pleased to announce the publication of the Seventh Edition of our East Hudson Trails map set. The area east of the Hudson River in Putnam and Dutchess Counties offers some of the finest hiking in the New York metropolitan area. With trails ranging from easy to challenging, hikers of all abilities will find a trail to suit their needs. Many trails are conveniently accessible by public transportation, with the trailheads within easy walking distance of stations on the Hudson Line of the Metro-North Railroad.

The three-map set covers the trails on the east side of the Hudson River from just north of Peekskill to Beacon, as well as Fahnestock State Park. Also included are Hudson Highlands Gateway Park and lands of the Audubon Society, Scenic Hudson and the Open Space Institute. The maps also show the route of the Appalachian Trail from the Bear Mountain Bridge to the Putnam–Dutchess county line.

This new digital edition incorporates many improvements and enhanced features. The readability of the maps has been improved, and the maps now feature contour lines at 20-foot intervals. New trails in the Garrison School Forest and on Beacon Mountain, as well as on the waterfront in Beacon, have been added.

Vivid five-color graphics on the maps' front sides clearly depict the full range of the area's geographic features, including topographic contours; rivers, streams, lakes and wetlands; viewpoints; and access points, including roadside parking and parking areas. A green overlay designates publicly-owned open space that is accessible to hikers.

The map backs provide brief histories of the parks and other features of interest, as well as useful information regarding wildlife, local landowners, park regulations and public transportation. Telephone numbers and websites from which additional information can be obtained are also included.

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The trail routes shown on the maps are products of the latest GPS and digital technology, and the maps include UTM (Universal Transverse Mercator) grid lines, which are particularly valuable to those equipped with GPS receivers. Hikers and outdoor enthusiasts will appreciate the durable quality of these maps, printed on the waterproof and tearproof Tyvek material that can endure years of active use.

The price of three-map set is \$10.95. Maps are available directly from the Trail Conference and may be purchased online, [www.nynjtc.org](http://www.nynjtc.org). They are also available from various outdoor stores and other retail outlets.

Since 1920, the New York-New Jersey Trail Conference's three-fold mission of protection, stewardship, and education has placed it at the center of efforts to preserve and provide access to hiking lands in the nation's most densely populated region, allowing families to enjoy the outdoors together.

Unique among conservation organizations, Trail Conference activities are a largely volunteer effort—10,000 individual members and a federation of over 100 member hiking clubs pool their time and skills to achieve the Trail Conference's goals. Their efforts are guided by a belief that the well-being of our region's people and ecosystems is dependent on our ability to experience nature in an environmentally responsible way.

For more information, contact the New York-New Jersey Trail Conference, 156 Ramapo Valley Road, Mahwah, NJ 07430; (201) 512-9348; [www.nynjtc.org](http://www.nynjtc.org).