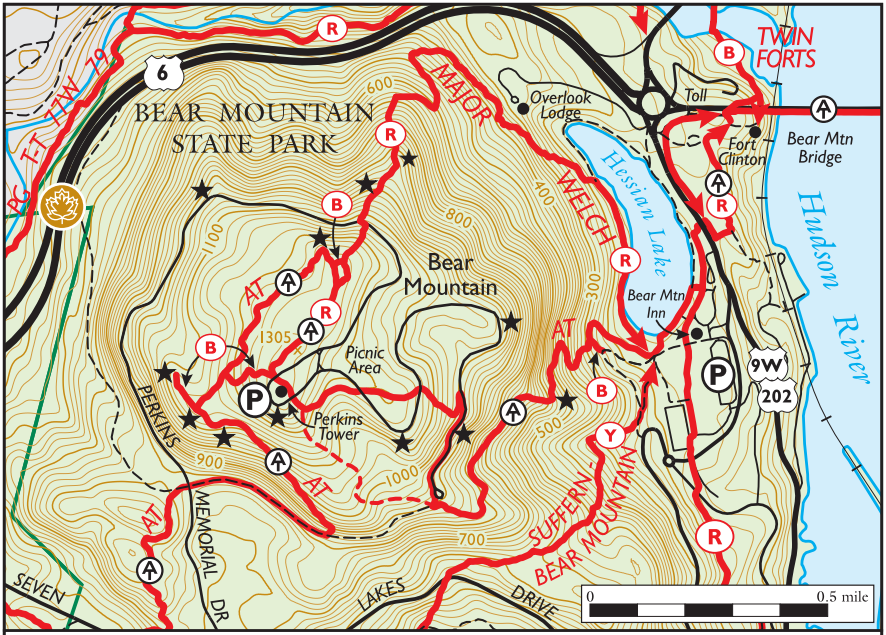

Bear Mountain
Day Hikes

Maintained trails
Proposed trails
Appalachian Trail (A) white

NORTH

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Trails in Bear Mountain State Park are built and maintained by the people who love and use them through volunteer service programs organized by the **New York-New Jersey Trail Conference.**

This map is provided as a courtesy by the Trail Conference and is adapted from **Harriman-Bear Mountain Trails**, a two-map set that shows more than 230 miles of trails in Harriman and Bear Mountain state parks. Trail Conference maps and books are your guides to hundreds of miles of hiking paths in the New York-New Jersey region. Our full-featured maps are printed in color, show elevation contours, and are waterproof and tear-resistant. **Look for them at outdoor stores, order online at www.nynjtc.org, or telephone 201.512.9348.**

The **New York-New Jersey Trail Conference** is a nonprofit organization that partners with parks and mobilizes thousands of hard-working volunteers who create, maintain, and protect more than 1,850 miles of public trails in the region.

Support the trails you love by:

★ *Reporting trail problems on our website*
★ *Learning skills through Trail University*
★ *Volunteering with the Trail Conference*
★ *Becoming a member of the Trail Conference*

To learn more about the trails, hikes, and volunteering, contact the Trail Conference.

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