





Bear Mountain Day Hikes

Maintained trails 
 Proposed trails 
 Appalachian Trail  white 



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Trails in Bear Mountain State Park are built and maintained by the people who love and use them through volunteer service programs organized by the New York-New Jersey Trail Conference.

This map is adapted from Harriman-Bear Mountain Trails, a two-map set that shows more than 230 miles of trails in Harriman and Bear Mountain state parks. Look for these maps in the 'PDF Maps' map store! Trail Conference maps and books are your guides to hundreds of miles of hiking paths in the New York-New Jersey region. Our full-featured maps are printed in color, show elevation contours, and are waterproof and tear-resistant. Find our print maps at outdoor stores, order online at www.nynjtc.org, or telephone 201.512.9348.



The New York-New Jersey Trail Conference is a nonprofit organization that partners with parks and mobilizes thousands of hard-working volunteers who create, maintain, and protect more than 1,800 miles of public trails in the region.

Support the trails you love by:

- ★ Reporting trail problems on our website
- ★ Learning skills through Trail University
- ★ Volunteering with the Trail Conference
- ★ Becoming a member of the Trail Conference

To learn more about the trails, hikes, and volunteering, contact the Trail Conference.

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