John Boyd Thacher State Park
Thompsons Lake State Park
Trail Map 200
Provisional Edition 2008

Leave No Trace - www.lnt.org
Outdoor skills and techniques to protect our hiking resources.

1. Plan Ahead and Prepare
   • Wear appropriate clothing
   • Know your limitations
   • Keep group size to 75 – 10 if overnight

2. Travel and Camp on Durable Surfaces - Stay on the trails

3. Dispose of Waste Properly

4. Leave What You Find - Except litter - take it with you!

5. Minimize Campfire Impacts - No fires except in established campfires

6. Respect Wildlife
   • Be Considerate of Other Visitors

   • Keep your noise to a minimum
   • Stay out of private property marked on the maps that is posted
   • Protect future hiker's rights to use trails on private property by exercising extra care and courtesy.

Taking Care of the Trails
Volunteers from several organizations clear and maintain the hiking trails shown on this map, the Long Path North Hiking Club, the New York-New Jersey Trail Conference, the Friends of Thacher & Thompson’s Lake State Parks, the Albany Chapter of the ADK, and the Mohawk Hudson Chapter of the AMC. Please help by keeping these trails clean and perhaps by joining one of our organizations. You may also wish to become a trail maintainer, keeping an assigned section of trail free of brush, or to join a trail crew that makes major repairs and builds new trails.

About the Friends of Thacher & Thompson's Lake State Parks
The Friends of Thacher and Thompson’s Lake State Parks is a voluntary organization which promotes and advocates for the Parks, aids and assists in programming, and helps in the upkeep and maintenance of the Trails. They welcome members and may be contacted through the Park Office or the Nature Center.

About the Trail Conference
If you enjoy this map, we invite you to join the New York-New Jersey Trail Conference. We are a volunteer-based organization providing the public with the opportunity to directly experience nature and help preserve the region's environmental integrity. The Trail Conference has a threefold mission: preservation, protection, and education. Since our founding in 1930, Trail Conference volunteers have built and continue to maintain over 1,600 miles of hiking trails in the densely populated New York-New Jersey region.

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