Map adapted by the New York-New Jersey Trail Conference from Harriman-Bear Mountain Trails, a two-map set that includes 20-foot elevation contours, is waterproof and tear-resistant, and shows 230+ miles of trails in these parks.

The Trail Conference supports parks by mobilizing thousands of outdoor-loving volunteers who create, maintain, and protect 2,150 miles of public trails. Support trails and the work of our volunteers by purchasing great trail maps, volunteering on the trails, or simply visiting nynjtc.org for more info.
The Trails for People Interpretive Exhibit serves as a one-of-a-kind gateway to the backcountry to the millions of annual visitors to Bear Mountain State Park. Its 32 educational signs and hands-on trail structures will inform novice and expert trail users alike about the history of the Park, how trails are built, and how volunteers are the lifeblood of our trail systems. Over 7,000 volunteer hours went into building the exhibit surrounding the historic Spider Hill House, the construction of this section of the Appalachian Trail, known as the Demonstration Trail, and the development of the signage content.

Opened on Earth Day 2016, Trails for People is the first known interactive, on-trail exhibit in the United States dedicated to the art and science of trail building. The exhibit is part of the Bear Mountain Trails Project, a comprehensive rerouting and reconstruction of the Appalachian Trail segment and other trails on Bear Mountain. Now in its 10th year, the project represents a cooperative agreement among the New York-New Jersey Trail Conference and partners the National Park Service, Appalachian Trail Conservancy, New York State Office of Parks, Recreation and Historic Preservation, and Palisades Interstate Park Commission.

In 1923, Trail Conference volunteers built the original 20-mile segment of the Appalachian Trail through Bear Mountain State Park. Today, the trail maintenance at Bear Mountain and in parks throughout the region is accomplished almost entirely by volunteers, coordinated by the New York-New Jersey Trail Conference. Learn more at nynjtc.org.