

T A B L E O F C O N T E N T S



From the Authors	xi
Acknowledgments	xii
Hikers Etiquette & Understanding Blazes.....	xviii
<i>When I Went Walking</i>	xiv
I. Tiny Treasures	1
Bye Preserve (Pound Ridge).....	2
Carolin’s Grove (Pound Ridge)	2
Crawford Park/Rye Hills Park (Rye Brook)	3
Croton River Gorge Park (Croton-on-Hudson)	4
East Irvington Nature Preserve (East Irvington)	5
East Rumbrook Park (Greenburgh)	6
Eastwoods Preserve (East Woods).....	6
Fort Hill Park (Peekskill)	7
Guard Hill Park (Mt. Kisco)	8
Haas Sanctuary (Armonk)	9
Halsey Pond (Irvington)	10
Hemlock Brook Preserve	11
Hunt Woods Park (Mount Vernon)	11
Leatherman’s Ridge (Bedford Hills).....	12
Henry Morgenthau Preserve (Pound Ridge)	13
Old Church Lane Preserve (Vista)	14
Onatru Preserve (Vista)	14
Pinecliff Sanctuary (Chappaqua)	15
Purdys Ridge Preserve (Purdys)	16
Ridgeway Nature Preserve (White Plains)	17
Rock Hill Park (Mohegan Lake)	17
St. Paul’s Chapel (Vista)	18
Sculpture Garden at PepsiCo (Purchase)	19
Sparkle Lake Park (Yorktown)	20
II. Pocket Parks	21
Armstrong Preserve and Richards Preserve (Cross River)	22
Bloomerside Preserve (Peach Lake).....	25
Choate Sanctuary (Mt. Kisco).....	26
Clark Preserve (Pound Ridge).....	28
Croton Gorge Park (Croton-on-Hudson)	30
Five Ponds Trail (Waccabuc)	32
Greenburgh Nature Center (Scarsdale)	33
Halle Ravine Nature Preserve (Pound Ridge)	35
Jack Harrington Greenway (White Plains)	37
Juhring Estate (Dobbs Ferry)	39
Koegel Park (Somers)	41
North Highlands Loop Trails (Croton-on-Hudson)	43
Frederick P. Rose Nature Preserve (Waccabuc)	45
Sleepy Hollow Cemetery (Sleepy Hollow).....	47
Van Cortlandtville Woods (Van Cortlandtville).....	49
Westchester Community College (Valhalla)	50

III. Morning Strolls	53
Burden Preserve (Mt. Kisco)	54
Franklin-Fels Sanctuary (North Salem)	57
Glazier Arboretum (Chappaqua)	59
Hunter Brook Linear Park (Huntersville)	62
Larchmont Reservoir (Wykagyl)	64
Lenoir Preserve and Untermyer Park (Yonkers)	68
Marshlands Conservancy (Rye)	71
Merestead (Mt. Kisco)	73
Herbert L. Nichols Preserve (Armonk)	76
Old Field Preserve (Waccabuc)	78
Pine Croft Meadow Preserve	80
Long Pond Preserve	81
Pound Ridge Town Park (Pound Ridge)	82
Pruyn Sanctuary (Millwood)	83
Edith G. Read Wildlife Sanctuary (Rye)	86
Rye Nature Center (Rye)	88
Betsy Sluder Nature Preserve (Armonk)	90
Sunny Ridge Preserve (Ossining)	92
Taxter Ridge Park Preserve (Tarrytown and Irvington)	95
Warburg Park (Millwood)	97
III. Afternoon Jaunts	101
Buttermilk Ridge Park (Eastview)	102
Glenville Woods Park Preserve (Tarrytown)	104
Tarrytown Lakes Park (Eastview)	105
Franklin D. Roosevelt State Park (Yorktown Heights)	106
Gedney Park (Millwood)	110
George's Island Park (Montrose)	113
Montrose Point State Forest	116
Mildred E. Greirson Memorial Wildlife Sanctuary (Katonah)	118
Marion Yarrow Preserve	118
Mount Holly Preserve	121
Hardscrabble Wilderness Area (Pleasantville)	122
Hart's Brook Park and Preserve (Hartsdale)	125
Ridge Road Park	128
Hillside Park and Hillside Woods (Hastings-on-Hudson)	129
Hasting Trailway	131
Hilltop Hanover Farm and Environmental Center (Yorktown)	132
Hudson Highlands Gateway Park (Cortlandt)	134
Hunt-Parker Sanctuary (Lake Katonah)	137
Kitchawan Preserve (Kitchawan)	141
Lasdon Park, Arboretum, and Veteran's Memorial (Somers)	145
Along the Muscoot River	148
Leon Levy Preserve (Vista)	149
Marsh Memorial Sanctuary (Mt. Kisco)	153
Leonard Park	156
Marx Tract and Brownell Preserve (Goldens Bridge)	157
Mount Holly Sanctuary (Katonah)	159
Oscawana Island Park (Cortlandt)	162
Graff Sanctuary	164

Rockwood Hall (Sleepy Hollow)	165
St. Matthew's Church Woodlands (Bedford Village)	169
Silver Lake Preserve (Harrison)	172
Tibbetts Brook Park (Yonkers)	176
Trump State Park (Yorktown and Jefferson Valley)	178
Danner Family Preserve (Jefferson Valley)	179
Turkey Mountain Nature Preserve (Yorktown Heights)	180
Ward Acres Park (New Rochelle)	183
Whippoorwill Park (Chappaqua)	186
Woodlands Legacy Fields Park (Yorktown).....	190
V. Day Trippers	193
Baxter Preserve (North Salem)	194
Beaver Dam Sanctuary (Katonah).....	196
Brinton Brook Sanctuary (Croton-on-Hudson)	198
Village of Croton Trail	201
Jane E. Lytle Memorial Arboretum	201
Butler Memorial Sanctuary (Mt. Kisco)	202
Camp Smith Trail (Peekskill)	206
Cranberry Lake Preserve (Valhalla)	209
Croton Point Park (Croton-on-Hudson)	214
Graham Hills Park (Pleasantville)	217
Granite Knolls Park (Shrub Oak).....	221
Irvington Woods and V. Everit Macy Park (Irvington)	226
Eugene and Agnes Meyer Preserve (Armonk)	231
Mianus River Gorge Preserve (Bedford Village).....	235
Muscoot Farm (Somers)	238
Sprain Ridge Park (Yonkers)	241
Sylvan Glen Park Preserve (Mohegan Lake)	243
Twin Lakes Park/Nature Study Woods (Eastchester)	248
Westchester Wilderness Walk (Pound Ridge)	251
Westmoreland Sanctuary (Bedford)	255
VI. Large Parks	261
Angle Fly Preserve (Somers).....	262
Reis Park	269
Blue Mountain (Peekskill)	271
Depew Park	276
Mountain Lakes Park (North Salem)	279
Halmi, O'Donohue, and Hearst-Mead Preserves	284
Rockefeller State Park Preserve (Sleepy Hollow)	286
Pocantico Lake Park	296
Saxon Woods Park (Scarsdale).....	297
Weinberg Nature Center	302
Teatown Lake Reservation (Teatown)	303
Ward Pound Ridge Reservation (Cross River)	312
Lewisboro Town Park & Nature Preserve	327
VII. Linear Corridors	329
Along the River (Cortlandt to Yonkers)	331
Annsville Creek, Annsville Preserve (Peekskill)	331
Peekskill Landing Park and Riverfront Green (Peekskill)	332
Shoreline Trail to Montrose Point State Forest (Verplanck)	333

Croton Waterfront to Ossining (Croton-on-Hudson)	334
Crawbuckie Nature Preserve (Ossining)	336
Ossining Waterfront (Ossining)	336
Kingsland Point Park (Sleepy Hollow).....	337
Tarrytown Waterfront and Sleepy Hollow Landing (Tarrytown)	338
River Walk (South of Tarrytown)	338
Scenic Hudson Park (Irvington)	339
Ardsley Waterfront (Ardsley-on-Hudson)	340
Rowley’s Bridge Trail (Hastings-on-Hudson)	340
Yonkers North Hudson Promenade (Yonkers)	341
Along the Sound (New Rochelle to Rye)	342
Pelham Manor Shore Park (Pelham Manor).....	342
Glen Island Park (New Rochelle)	342
Davenport Park & Davenport Neck Bird Sanctuary (New Rochelle)	343
Five Islands Park (New Rochelle)	344
Manor Park (Larchmont)	345
Flint Park & Hommocks Conservation Area (Mamaroneck)	345
Harbor Island Park (Mamaroneck)	346
Otter Creek Preserve (Mamaroneck)	347
Playland, Rye Town Park/Oakland Beach/Rye Beach (Rye).....	348
Briarcliff Peekskill Trailway (Ossining to Peekskill)	349
Bronx River Reservation (Valhalla to Mount Vernon)	353
Hutchinson River Pathway (White Plains to Mount Vernon)	359
Leatherstocking Trail (New Rochelle to Mamaroneck)	365
Sheldrake River Trails Conservation Area (Larchmont)	367
North County Trailway (Baldwin Place to Eastview).....	368
Old Croton Aqueduct (Cortlandt to the Bronx)	374
South County Trailway (Eastview to the Bronx)	386
Teatown Kitchawan Trail (Teatown)	393
John E. Hand Park	396
Yorktown Trailway (Shrub Oak to Crompond)	397
VIII. Trail Systems	399
Bedford Riding Lanes Association (Bedford)	400
Guard Hill Preserve (Bedford Village)	401
John Jay Homestead (Katonah)	402
Colonial Greenway (Lower Westchester)	403
East Coast Greenway (Portchester to Pelham Manor)	407
Hudson River Valley Greenway Trail (Countywide).....	407
Hudson Trail (Yonkers to Cortlandt)	408
Lewisboro Horseman’s Association (Lewisboro)	409
Trails in North Salem	409
Durand Preserve (Salem Center).....	410
Hayfield-on-Keeler Preserve (Salem Center).....	410
IX. Other Places to Walk	411
Appendix: Contact Information	414
Appendix: Additional Resources	417
Index	418