Connecting with Nature Is Easier Than Ever Before with the New NYNJTC.org

The New York-New Jersey Trail Conference is proud to announce the launch of the newly redesigned nynjtc.org and the migration of our legacy databases to a customer relationship management (CRM) system fully integrated with our website. The updated website is the digital version of walking through the door at our Darlington Schoolhouse headquarters—all the information you need to prepare for your next adventure on the trails is right at your fingertips. The website is fully integrated with our new CRM system to provide our members and volunteers a better experience interacting with the Trail Conference while creating a simplified and modern platform for efficient operation of the organization.

The website's fresh, clean look has been designed to work beautifully on any device. New tools make everything from researching your next hike to finding volunteer opportunities easier than ever before.

New Ways to Plan Your Trip

When you visit the new nynjtc.org, you'll be invited to get outdoors through the Trail and Park Finder. Choose from more than 700 trails and parks throughout the greater New York metropolitan area with this interactive map. Use filters to find parks, hikes, and destinations according to your interests, or search by features such as location, difficulty, and accessibility using this powerful tool as your guide.

The Trail Conference has further developed its Hiking Resources on the new nynjtc.org as a one-stop-shop to find the information needed to prepare for a safe, enjoyable experience outside. Additionally, Destination Guides—guides to the most popular places to hike, picnic, and swim throughout the region—were created to provide education on what makes these spots so special and how visitors’ sustainable decision-making helps protect these important areas. Of course, we want your on-the-ground feedback, too—good deeds in the field. Led by Committee Chair Mary Doorman, volunteers Doug Cleek, Walter Daniels, Russell Doorman, David Klett, John Magerlein, and William Roehrig, and staff members Jeremy Apgar and Amber Ray were integral to the entire process, from selecting Wann Pixel as our web consultants and working side-by-side with their team, to coordinating with staff and volunteers, to seeing the project through to completion—and beyond.

Made by Volunteers

As with everything the Trail Conference does, the launch of the new nynjtc.org and integrated database would not have been possible without the hard work of our incredibly dedicated volunteers. Since 2015, the Technology Committee has been focused on the redesign, upgrade, and migration of these systems, the digital lifeblood of the Trail Conference that allows us to accomplish all of our efforts of our volunteers and partners who have gone above and beyond in the service of trails at the annual Volunteer Awards at Ramapo College of New Jersey in Mahwah, N.J.

The inspiring bios of the 19 honorees who have dedicated themselves to building, maintaining, and protecting trails and trail lands—including a tribute to Jakob Franks (above), our dear friend who received the Trail Conference’s highest honor just days before he unexpectedly passed away—can be found on pages 4-5.

Easy Tools to Give Back

Because trails are built, maintained, and protected by the same outdoor-loving people who enjoy them, we’ve made finding opportunities to give back as simple as finding a hike on the new nynjtc.org. Through the Take Action panel in the menu, discover ways to volunteer, attend an event, learn about our programs, donate, or become a Trail Conference member. Explore the many ways you can contribute to the work our thousands of volunteers do to connect people with nature, all in one place. Similarly, all essentials for Trail Conference registered users, members, and volunteers are now organized in the My Backpack panel of the menu. Through My Dashboard, registered users can see and review comments, resources such as forms and reports applicable to specific roles, reference documents, donation information, and event registrations. The much-anticipated online reporting feature, which will allow volunteers to record their hours and file their trail reports via the website, will roll out in the coming months.

We aim to make nynjtc.org your go-to resource for every thing, trail-related in region. Check it out, and let us know what you think!

WHAT'S INSIDE:

Overused Trails of the Ramapo Mountains to Undergo Major Upgrades page 3

People for Trails: A Kiosk Is Built, Breakneck Is Beautified, and More page 8

2016 Look Back/2017 Look Ahead pages 6-7

Map Talk: Why Are All of the Trails Red? page 11

Celebrating Extraordinary Service to Local Trails

The hard work and dedication of Trail Conference volunteers is unparalleled. Yet their work goes unnoticed by the majority of people who benefit from their service—which, when you think about it, isn’t necessarily a bad thing. When done right, with skill and passion, trail construction and maintenance—as well as facilities management and website development, two other areas of expertise volunteers provide the Trail Conference—become nearly invisible, fading into the landscape to allow people the opportunity to connect with nature.

On Nov. 5, the Trail Conference pulled back the curtain, so to speak, on the remarkable efforts of our volunteers and partners who have gone above and beyond in the service of trails at the annual Volunteer Awards at Ramapo College of New Jersey in Mahwah, N.J.

The inspiring bios of the 19 honorees who have dedicated themselves to building, maintaining, and protecting trails and trail lands—including a tribute to Jakob Franks (above), our dear friend who received the Trail Conference’s highest honor just days before he unexpectedly passed away—can be found on pages 4-5.
New Exhibit: Art by Crew Leader Erik Garnjost

Artist Erik Garnjost, crew leader for the Long Distance Trails Crew, has been chosen by the Art Selection Committee for a solo exhibition opening in January at Trail Conference Headquarters.

When 20 years ago, Erik was painting in the mountains of Colorado and the canyons of Utah and Arizona, forming his personal style in the backcountry. This is where, he says, “the amazing calm ... slipped you in the face.” He has ample experience with plein air painting, including hiking into the Grand Canyon with his equipment and coming out days later with several completed works.

A move to the East Coast offered a new scenario for his painting, sometimes only after a long search for the vista that “demands to be painted.” His involvement with the Trail Conference inspires him to paint the trails through the Catskills. Erik now lives in the Hudson Valley and the Catskills. His most recent painting, “Tallman Mountain” (above), features a spectacular view of the Bear Mountain range.

Erik Garnjost

Opens Jan. 18

Closes April 27

Joyce Kilmer Elementary Show

Opens opening of May

Closes Memorial Day

Mixed Media of Flowers Show

Opens June

Closes September

Exhibition Openings and Closings

Don’t miss these exhibitions at Trail Conference Headquarters:

Discovering the Long Path: New York’s Greatest Trail

Closes Jan. 13

Thank You to Our Corporate Sponsors

Without the generous support of our corporate sponsors, the Trail Conference would be unable to make such a huge impact in creating safe, enjoyable trail experiences for everyone.

In addition to our retail partners (find the full list at bit.ly/rc-rp), we’d like to thank our friends in the business community who have made significant contributions to support the Trail Conference’s work.

Google

Tuedo Hudson Management Company

REI

SUEZ

Mahwah Regional Chamber of Commerce

The Hillburn Granite Company, Inc.

L.L. Bean

Butler Sign Company

Innsera Shop-Rite Supermarkets, Inc.

TD Bank

Patagonia Service Center

Putnam Tourism Corp.

Putnam County Visitor’s Bureau, Inc.

Boiling Springs Savings Bank

Dutchess Tourism Inc.

Whole Foods Market

Minuteman Press

Fairfield Inn & Suites – Mahwah, N.J.

Tuxedo Park School

AURIC Information Packaging

Ramsey Outdoor

R&S Landscaping

Trow & Holden Company

Orange County Community College

Entergy

Market Basket

Statement of Ownership, Management and Circulation

Trail Walker is a quarterly paper published by the New York-New Jersey Trail Conference, 600 Ramapo Valley Road, Mahwah, NJ 07430. The editor and managing editor is Amber Bay, at the same address. The annual subscription price is $10.00 per year; in Amherst, Massachusetts, to non-U.S. addresses.

Copyright 2017 by: New York-New Jersey Trail Conference, Inc., 600 Ramapo Valley Road, Mahwah, NJ 07430 201.622.3448

Opinions expressed by the authors do not necessarily represent the policy or position of the Trail Conference, Submissions for print consideration and welcome. Any unaccepted material accepted for print may be added to our archives. Submission deadlines for TRAIL WALKER are Jan. 15 (Spring issue), May 15 (Summer Issue), Aug. 15 (Fall issue), Nov. 15 (Winter issue). For information on advertising rates, please write or call.

email: info@nynjtc.org

editorial: amber.bay@nynjtc.org

website: www.nynjtc.org

For a full list of staff, visit nynjtc.org/about-us

The New York-New Jersey Trail Conference is a volunteer-run, not-for-profit 501 (c) (3) organization. It is a federation of more than 500 outdoor groups and 10,000 individuals.

Additionally, please note the following about the Trail Conference:

The Trail Conference has received two planning grants from the New York State Environmental Protection Fund through the Regional Economic Development Council awards. Nearly $480,000 has been granted to the Trail Conference for the completion of the Trails for People project on Bear Mountain in Rockland County, which includes plans for rehabilitating a historic structure (above), upgrading the remaining sections of the Bear Mountain-trail network, and building a connector trail between the Sullfen-Bear Mountain and Appalachian trails. The Trail Conference was awarded another EFP grant, about $51,000, to create a plan that would rehabilitate our section of the Appalachian Trail in Albany County. Read more about these exciting projects at bit.ly/TC-RP.

TRAIL WALKER is published by The Trail Conference, Inc., 600 Ramapo Valley Road, Mahwah, NJ 07430. Periodical postage paid at Mahwah, New Jersey, and other Post Offices.

Changes to the address below.

Published 12 times per year. A move to the East Coast offered a new scenario for his painting, sometimes only after a long search for the vista that “demands to be painted.”

Copyright 2017 by: New York-New Jersey Trail Conference, Inc., 600 Ramapo Valley Road, Mahwah, NJ 07430 201.622.3448

Opinions expressed by the authors do not necessarily represent the policy or position of the Trail Conference, Submissions for print consideration and welcome. Any unaccepted material accepted for print may be added to our archives. Submission deadlines for TRAIL WALKER are Jan. 15 (Spring issue), May 15 (Summer Issue), Aug. 15 (Fall issue), Nov. 15 (Winter issue). For information on advertising rates, please write or call.

e-mail: info@nynjtc.org

Editorial: amber.bay@nynjtc.org

Website: www.nynjtc.org

For a full list of staff, visit nynjtc.org/about-us

The New York-New Jersey Trail Conference is a volunteer-run, not-for-profit 501 (c) (3) organization. It is a federation of more than 500 outdoor groups and 10,000 individuals.

Additionally, please note the following about the Trail Conference:

The Trail Conference has received two planning grants from the New York State Environmental Protection Fund through the Regional Economic Development Council awards. Nearly $480,000 has been granted to the Trail Conference for the completion of the Trails for People project on Bear Mountain in Rockland County, which includes plans for rehabilitating a historic structure (above), upgrading the remaining sections of the Bear Mountain-trail network, and building a connector trail between the Sullfen-Bear Mountain and Appalachian trails. The Trail Conference was awarded another EFP grant, about $51,000, to create a plan that would rehabilitate our section of the Appalachian Trail in Albany County. Read more about these exciting projects at bit.ly/TC-RP.

TRAIL WALKER is published by The Trail Conference, Inc., 600 Ramapo Valley Road, Mahwah, NJ 07430. Periodical postage paid at Mahwah, New Jersey, and other Post Offices.

Changes to the address below.

Published 12 times per year. A move to the East Coast offered a new scenario for his painting, sometimes only after a long search for the vista that “demands to be painted.”

Copyright 2017 by: New York-New Jersey Trail Conference, Inc., 600 Ramapo Valley Road, Mahwah, NJ 07430 201.622.3448

Opinions expressed by the authors do not necessarily represent the policy or position of the Trail Conference, Submissions for print consideration and welcome. Any unaccepted material accepted for print may be added to our archives. Submission deadlines for TRAIL WALKER are Jan. 15 (Spring issue), May 15 (Summer Issue), Aug. 15 (Fall issue), Nov. 15 (Winter issue). For information on advertising rates, please write or call.

e-mail: info@nynjtc.org

Editorial: amber.bay@nynjtc.org

Website: www.nynjtc.org

For a full list of staff, visit nynjtc.org/about-us

The New York-New Jersey Trail Conference is a volunteer-run, not-for-profit 501 (c) (3) organization. It is a federation of more than 500 outdoor groups and 10,000 individuals.

Additionally, please note the following about the Trail Conference:

The Trail Conference has received two planning grants from the New York State Environmental Protection Fund through the Regional Economic Development Council awards. Nearly $480,000 has been granted to the Trail Conference for the completion of the Trails for People project on Bear Mountain in Rockland County, which includes plans for rehabilitating a historic structure (above), upgrading the remaining sections of the Bear Mountain-trail network, and building a connector trail between the Sullfen-Bear Mountain and Appalachian trails. The Trail Conference was awarded another EFP grant, about $51,000, to create a plan that would rehabilitate our section of the Appalachian Trail in Albany County. Read more about these exciting projects at bit.ly/TC-RP.

TRAIL WALKER is published by The Trail Conference, Inc., 600 Ramapo Valley Road, Mahwah, NJ 07430. Periodical postage paid at Mahwah, New Jersey, and other Post Offices.

Changes to the address below.

Published 12 times per year. A move to the East Coast offered a new scenario for his painting, sometimes only after a long search for the vista that “demands to be painted.”

Copyright 2017 by: New York-New Jersey Trail Conference, Inc., 600 Ramapo Valley Road, Mahwah, NJ 07430 201.622.3448

Opinions expressed by the authors do not necessarily represent the policy or position of the Trail Conference, Submissions for print consideration and welcome. Any unaccepted material accepted for print may be added to our archives. Submission deadlines for TRAIL WALKER are Jan. 15 (Spring issue), May 15 (Summer Issue), Aug. 15 (Fall issue), Nov. 15 (Winter issue). For information on advertising rates, please write or call.

e-mail: info@nynjtc.org

Editorial: amber.bay@nynjtc.org

Website: www.nynjtc.org

For a full list of staff, visit nynjtc.org/about-us

The New York-New Jersey Trail Conference is a volunteer-run, not-for-profit 501 (c) (3) organization. It is a federation of more than 500 outdoor groups and 10,000 individuals.

Additionally, please note the following about the Trail Conference:

The Trail Conference has received two planning grants from the New York State Environmental Protection Fund through the Regional Economic Development Council awards. Nearly $480,000 has been granted to the Trail Conference for the completion of the Trails for People project on Bear Mountain in Rockland County, which includes plans for rehabilitating a historic structure (above), upgrading the remaining sections of the Bear Mountain-trail network, and building a connector trail between the Sullfen-Bear Mountain and Appalachian trails. The Trail Conference was awarded another EFP grant, about $51,000, to create a plan that would rehabilitate our section of the Appalachian Trail in Albany County. Read more about these exciting projects at bit.ly/TC-RP.
Critical Link for Trails Preserved on Shawangunk Ridge

The Trail Conference’s Long Path and Conservation committees work hard to secure a green corridor for our long distance trails before inappropriate development alters the experience along the Long Path, Shawangunk Ridge, and Highlands trails forever.

The latest victory is a key 7.8-acre abandoned rail bed on the western slope of the Shawangunk Ridge near Wurtsboro, N.Y. Combined with other parcels the Trail Conference purchased in 2002 that connect the Bashkill Wildlife Management Area with Wurtsboro Ridge State Forest, the preserved area now totals 21 acres and creates a protected corridor that will move the co-aligned Long Path and SRT off of a 2-mile walk.

Preserving long distance trails is no easy task—it took 14 years for all the pieces to come together to create this critical corridor. Conserving open space often requires months of negotiation with land owners, due diligence costs, and the transfer of these parcels to state land managers such as the New York State Department of Environmental Conservation. Credit goes to our dedicated volunteer Andy Garrison, Long Path Chair, who devotes a virtually unquantifiable amount of time tracking down potential land parcels, contacting land owners, and reviewing the trajectory of the Long Path. “It’s been over 20 years since the Trail Conference has been actively preserving land along the Long Path,” Andy says. “Nearly everyone involved at the beginning has moved on, but this very important work needs to continue to be done.”

Long-Awaited Long Pond Ironworks Bridge Restores Highlands Trail Crossing

After years of effort, a 70-foot bridge at Long Pond Ironworks State Park was built to restore access to the Highlands Trail, Hasenclever Iron Trail, and Sterling Ridge Trail. Over the second and third weeks of November, Trail Conference volunteers and staffers, along with Marlboro Mountain Construction LLC and Tahawus Trails LLC, braved wet and rainy conditions to help with the construction of the long-awaited bridge. The bridge replaces the crossing that was washed away during Hurricane Irene in 2011 and restored the Highlands Trail impassable. Thanks in large part to their efforts, the massive replacement bridge is in place, to their efforts, the massive replacement bridge is in place, and hikers can once again explore the historic district safely.

One of the most instrumental people in this process, Andy’s fellow Long Path Chair and Conservation Committee Chair Jakob Franke, passed away in November. “Jakob and I worked together for the past 12 years, and he inspired many—including me,” Andy says. “He will be missed very much.” Read the full tribute to Jakob on page 5.

ANDREW GOODELL Executive Director

Trail Conference to Participate in Rock the Ridge, Raise Funds for Land Conservation

The Trail Conference will participate as a fundraising partner in Rock the Ridge, the 50-mile endurance challenge that will take place for the fifth year on May 6. Rock the Ridge is a 50-mile race held on the Mohonk Preserve and adjacent lands in New York’s Shawangunk Mountains, an area that the Nature Conservancy has identified as “one of the Earth’s last great places.” This 24-hour time limit and carefully maintained carriage roads make it an endurance event that is accessible to a wide range of participants, including not only ultra-runners, but also hikers and walkers. Participants commit to raising a minimum of $250 in charitable donations in support of the Mohonk Preserve or other causes such as the Trail Conference’s conservation efforts. Learn more at rocktheridge50.org. To join the Trail Conference team, enter the code “NYNJTC” during registration.
2016 TRAIL CONFERENCE AWARDS

HONORING OUR VOLUNTEERS AND PARTNERS

The Trail Conference Annual Awards are given by the Board of Directors upon recommendation by staff and volunteers. The following people, who have made outstanding contributions to trails and the Trail Conference, were honored on Nov. 5 at the Volunteer Recognition and Trail Symposium at Ramapo College of New Jersey in Mahwah, N.J.

PAUL LEIKIN EXTRA MILE AWARD
Recognizing those volunteers who have demonstrated exceptional commitment to projects such as a book, map, or advocacy.

Technology Committee, nominated by Edward Goodell
Since 2015, the Technology Committee has worked on the redesign and upgrade of the Trail Conference website and database. The Tech Committee has coordinated the entire process, from selecting the web consultants, to working closely with staff and volunteers, to seeing the project through to completion—and beyond. Committee members are: Mary Dooman, committee chair and an extraordinary project manager, has kept the project moving and on target.

Doug Cleek is an overall design expert who works to ensure our Google rankings are retained and that all the Google ads continue to work through the transition.

Russell Dooman is the database expert who ensures all information is correctly moved to the new platform.

William Roehrig understands the code and theming issues and works to make sure that the Trail Conference can maintain the new system when it launches.

Jeremy Appar and Amber Ray make major contributions to all aspects of the design and content, far beyond sign and content, far beyond their official duties as staff members calls for.

Walter Daniels provides full-time technical knowledge, which has been critical to the success of the project.

John Magerlein provides critical, high-level guidance and leadership.

David Klatt contributes new content pages and provides advice on user experience design.

Thank you for shepherding the upgrade and redesign of the Trail Conference’s website and database.

MAJOR WILLIAM A. WELCH TRAIL PARTNER AWARD
Recognizing a club or a state, federal, or local agency partner whose leadership and cooperation have given long and/or significant assistance to the local hiking community.

Evan Thompson, nominated by John Magerlein
As the Trail Conference has worked to improve and expand the trail network in Hudson Highlands and Fahrenstock State Parks, Evan has been an outstanding collaborator for all trail-related activities. Evan designed, built, and installed trailhead signage throughout these parks, which has made it much easier for people to find the trailheads. He communicates frequently about trail plans and is always willing to help out when needed. Thank you for your enthusiastic collaboration with trail projects in Hudson Highlands and Fahrenstock State Parks.

Joshua Osowski, nominated by Howard Liebmann
An eagerness for collaboration makes Josh a pleasure to work with. He quickly responds to questions and requests to provide letters of support for grants, organizes committees to help guide Trail Conference projects, and makes sure materials are available to complete a project, making him a strong partner in North Jersey. Thank you for providing support and a collaborative spirit to trail volunteers in New Jersey.

SYMPOSIUM ADDRESSES SUCCESSES, CHALLENGES

At our first-ever Trail Symposium on Nov. 5, Trail Conference volunteers and partners participated in workshops, attended site visits, and joined panel discussions on the changing needs of trail users. From left, Melissa Abramson, Manager of REI Outdoor Programs and Outreach, Richard Zayas, Breakneck Ridge Trail Steward, Brandee Chapman, New Jersey State Trails Coordinator, and Chris Connolly, North Jersey Trails Chair, discussed the ways in which easier access to info, changing demographics, and a diverse interest in trail use has challenged them to develop sustainable, long-lasting trails and trail programs.

Thank you for using your exceptional commitment to projects such as a book, map, or advocacy.
Recognizing Trail Conference volunteers who have demonstrated exemplary service to trail maintenance, management, and/or trail land protection.

**William Hoeferlein Award**

Recognizing dedicated volunteers who have demonstrated a commitment to the Trail Conference family.

Fred Stern, nominated by Mary Dobbie

Fred Stern was a trail builder, a trail manager, and a trail advocate. He was always willing to help others and worked tirelessly to improve the trails in his area. Fred was a great example of a dedicated volunteer who made a lasting impact on the trail community.

Robert Fuller, nominated by the Long Distance Trails Crew members

Robert Fuller was a trail builder who worked tirelessly to improve the trails in the Hudson Highlands. He was known for his friendly and welcoming demeanor, and he always went the extra mile to ensure that the trails were safe and enjoyable for everyone.

Andrew Seirup, nominated by Kai Dynamon

Andrew Seirup was a trail builder who worked on a number of major projects throughout the Hudson Highlands. He was known for his leadership and his ability to inspire others to join in the work.

**People for Trails**

**TIm Palumbo**

Manasquan, N.J.

Last spring I joined a program I admittedly knew little about. From hospitality worker to trail builder, living solo in an apartment on the West Coast to a group camp in the woods in New York, I knew some major changes were in store. Can I successfully get the job done? Would feelings of vulnerability and doubt seep in? Will I befed and sure every day? Will I be able to build friendships with my fellow crew members? Will I be the oldest person there? The answer to all of these questions was indeed “yes,” however these six months will leave an imprint on me for the rest of my life.

The Trail Conference Conservation Corps generously teaches houses a lucky group of individuals who desire to learn trail building skills. Combining brains and brawn, determination and dedication, many of these seeming impossible trails become reality. I was assigned to the Megalithic Trail Crew, working on one of the longest, oldest hiking trails ever constructed. We would be rerouting a section of the Appalachian Trail on the upper east face of Bear Mountain in New York, let the fun commence! Any idea what a McLeod is? How about a rock bar or grip hoist? I had no clue before joining the Corps. However, with some phenomenal training and instruction, crew members utilizing the tools of the trade in ways we never thought possible. Who would have guessed how easy it is to move a 1,000-pound piece of stone with a hoist and a line? Before long, the flow and routine of trail and camp life takes over and your hard work becomes more evident, you're setting multiple stairs in a day.

Fred can typically be found working on trails throughout the Hudson Highlands and in the many parks of Westchester County. Whether he’s working with trail crews or teaching Trail University courses, Fred is well-known for his passion for trail building and his ability to inspire others to join in the work. Fred was a great example of a dedicated volunteer who made a lasting impact on the trail community.

Robert Fuller was a trail builder who worked tirelessly to improve the trails in the Hudson Highlands. He was known for his friendly and welcoming demeanor, and he always went the extra mile to ensure that the trails were safe and enjoyable for everyone.

Andrew Seirup was a trail builder who worked on a number of major projects throughout the Hudson Highlands. He was known for his leadership and his ability to inspire others to join in the work.
In 2016, the Trail Conference served as the stewards of more than 2,108 miles of trails throughout the greater New York metropolitan area. The demand for the Trail Conference’s services continues to grow as we provide the public with trail information, build and maintain trails, and act as advocates for trails and the lands they cross. Check out the achievements of our organization this last year and see what’s to come.

IMPROVING TRAILS, REGION BY REGION

CATSKILLS
2016
- Began and opened the first section of the new Nature Trail at the Catskill Interpretive Center, which leads visitors to a scenic view.
- Carried materials up to the 3,810-foot summit of Sugarloaf Mountain and constructed a new bog bridging along the Devil’s Path.
- Carried more than 5 miles over Slide Mountain (4,180 feet) to replace and install over 160 feet of bog bridging on Cornell Mountain.
- Worked with the New York State Department of Environmental Conservation to complete the Catskill brand new lean-tos: German Hollow and Batavia Kill.
- Seven additional lean-tos were stained, protecting them for years to come.
- 2017
  - Replace Fox Hollow lean-tos in partnership with the DEC.
  - Assist with opening the recently purchased “missing link” of the Kaaterskill Rail Trail rail bed, providing access to the public.

EAST OF THE HUDSON RIVER
2016
- More than 15 miles of new trail were adopted in Westchester County. The Taconic Trail Crew focused on maintenance of the Undercliff Trail and a reroute of the Wilkin-son Trail near Breakneck Ridge. Over 100 volunteers contributing more than 1,000 hours joined the crew this season.
- The Fahnestock Trail Crew built the mile-long Hubbard Loop Trail in Fahnestock State Park.
- Two new trail crews were established: the East Hudson Trail Crew and the Hudson Highlands Trail Crew.
  - A youth initiative, introducing 71 high school seniors to trails and trail maintenance, was launched.
  - 2017
    - Expand outreach in New York City to improve trails in the five boroughs and recruit volunteers for needs throughout the region.
    - Continue to identify trail maintenance and trail building priorities in Westchester, Dutchess, and Putnam counties.

NEW JERSEY
2016
- Expanded work on 25 new miles of trail in Morristown National Historical Park, partnering with the National Park Service to improve and maintain this popular trail network.
- The Ramapo Earth Crew, comprised of college students, completed 22,000 hours of projects from the Delaware Water Gap to the Palisades.
- The Highlands Trail Crew tackled trail assessment and improvement projects across the entire 125-plus miles of trail in New Jersey. Their GIS inventory data will be used to prioritize future conservation and improvement efforts.
- Ramapo Valley Community Reservation received an initial overhaul to its main trail network, including a new series of blazed loops. This first phase was part of a multi-year program to rebuild the trail system to more modern, sustainable standards.
- Thank you to all of the volunteers who worked as part of the crew in 2016. And as always, a huge thank you to our New Jersey Department of Environmental Protection’s partners at the state parks, who consistently support our work.
  - Monica and David Day

Volunteer Spotlight: West Jersey Trail Crew
In 2016, the West Jersey Crew’s spring season fo-cused on Stokes State For-est. We built a bridge on the new Blue Mountain Loop Trail; added rock steps, retaining walls, and turnpikeing on a relocated section of the Stony Brook Trail, and built a 22-step, timber-cribbed staircase in Tallman’s Ravine. The crew also spent a day on the Ap-palachian Trail’s Stairway to Heaven in Wawayanda State Park, installing 19 ad-ditional rock steps.
This fall, the crew com-pleted the multi-year re-construction/upgrade of the 900-foot-long boardwalk on the Cedar Swamp Trail in Wawayanda. Then it

WEST OF THE HUDSON RIVER
2016
- The Long Distance Trails Crew (LDTC) and Hudson Nor’Westers Trail Crew worked together to restore over 300 feet of trail at Sam’s Point at Minnewaska State Park Preserve. Addition-ally, the crew assisted the park with restoration efforts after the mas-sive wildfire that burned through the area in April.
- The LDTC rerouted and restored sections of the Long Path in Harriman and Tallman Mountain state parks, and the Appalachian Trail (A.T.) in Harriman and Sterling Forest state parks.
- The Long Path Trail Crew completed 4 miles of new trails in the Shawangunk Ridge State Forest, connecting the Long Path to new parking locations.
- The Palisades Trail Crew completed construction of 2.7 miles of the Redrock/Eagle multi-use trail loop in Sterling Forest to serve hikers, equestrians, and mountain bikers.
- The Megalithic Trail Crew continued the construction of the upper east face A.T. reroute on Bear Mountain, leaving only 788 feet of trail to build to reach Perkins Memorial Tower.
- A secure key 8 acres of un-developed land in Sullivan County, enabling a mile of the Long Path to be rerouted to the road in the future.
  - 2017
    - Preserve more land parcels along the Highlands Trail and Long Path.
    - Build the final link for the Highlands Trail reroute in Chester, N.Y.
  - Continue/complete construc-tion of the A.T. reroutes in Harriman-Bear Mountain.
  - Continue trail restoration efforts at Sam’s Point.
TRAIL CONFERENCE CONSERVATION CORPS

In 2016, the Trail Conference Conservation Corps deployed five crews throughout the region: Invasive Strike Force Crew, Highlands Trail Crew, Megalithic Trail Crew, Palisades Trail Crew, and Taconic Trail Crew. (See their accomplishments to the left.) Our Corps trains, enables, and empowers future conservation leaders by teaching sustainable trail building and stewardship techniques while engaging and teaching community volunteers on the responsible use and care of open space by addressing the needs of land managers.


Recruitment for eight Corps crews for the 2017 season will begin soon; check nynjtc.org/job-openings for details.

TRAIL AND SUMMIT STEWARDS

From Memorial Day through fall, visitors to Breakneck Ridge, the Catskills, and Bear Mountain State Park on weekends and holidays encountered Trail Conference Trail and Summit Stewards providing helpful outreach and information about park regulations, hiker safety, and preparedness. In addition to readying hikers for their journeys, Stewards also helped discourage and mitigate misuse of trails and the surrounding lands through their education and public relations work. The expansion of our 2016 Steward program was made possible through a generous grant from REI.

In our third season at Breakneck Ridge, the Stewards welcomed and assisted an average of 1,000 hikers per weekend day. For many visitors, Breakneck is their very first hiking experience; Trail Conference Stewards are providing tens of thousands of people with an orientation to the outdoors that includes everything from education on using a map to Leave No Trace principles. Just as importantly, local emergency services have called the Stewards’ services invaluable because of the cooperative support they provide lost or injured hikers.

In the Stewards’ second season patrolling Giant Ledge/Panther Mountain, Slide, Wittenberg, and Cornell mountains, we became a resource for the public and a protector of the peaks, addressing the unique concerns of these summits, including the protection of fragile, higher-altitude ecosystems and illegal camping. The addition of Stewards at Platte Clove Preserve was well-received and proved to be our busiest location in the Catskills.

The Bear Mountain Stewards program, positioned at the busy intersection of the Appalachian, Sudden-Bear Mountain, and Major Welch trails, introduced a diverse public of novice hikers to the Trail Conference. On the busiest day, 2,005 hikers were counted ascending the Appalachian Trail.

For a full recap of our Trail and Summit Stewards’ 2016 season, visit bit.ly/tc-tss16.

INVASIVES SPECIES PROGRAMS

2016

• Expanded efforts to preserve biodiversity in natural areas, removing 66,000 invasive plants in 58 parks, preserves, and partner properties.
• Engaged over 150 new volunteers to survey for invasives region-wide.
• Led the Lower Hudson Partnership for Invasive Species Management (PRISM) in developing public outreach and education on invasive species identification and management.
• Helped prioritize invasive species efforts in the Hudson Valley.

For a full recap of our invasive species programs’ 2016 season, including our work as the Lower Hudson PRISM leaders, visit bit.ly/tc-isp16.

2017

• Ramp up invasive species removal efforts by increasing summer crew service periods, engaging more volunteers, and streamlining data collection and processing.
• Lead the 45 partner organizations of the Lower Hudson PRISM to aggressively target priority areas and species while expanding public education and outreach.

By the Numbers

• 70.5 acres of land improved by removal and treatment of invasive species
• 124 miles of trail assessed/inventoried
• 465 work trips
• 602 community volunteers
• 19,995 total service hours
• 22,885 linear feet of trail improved

By the Numbers

• 45 Lower Hudson PRISM partners engaged in prioritizing invasive species work in the region
• 58 Parks, preserves, and partner properties where invasive plants were removed
• 115 Volunteers trained to participate in the BlockBuster Survey. Volunteers were assigned 3X3-mile blocks to scout for 27 target invasive species
• 150 New volunteers engaged to survey for invasive species region-wide
• 66,000 invasive plants removed

By the Numbers

• $8,509 People assisted from Memorial Day through Columbus Day where Stewards were stationed throughout the Catskills
• $11,870 Hikers counted over the 18 days Stewards were stationed at Bear Mountain
• $47,010 Hikers counted Memorial Day through Nov.20 when Stewards were stationed at Breakneck Ridge

Find end of season reports from each crew under Trail News.
Tuxedo, NY: Creating a Trail Town

New Kiosk Installed

On Nov. 28, an enthusiastic group of Trail Conference volunteers and Tuxedo, N.Y., residents assembled and installed a kiosk at the Tuxedo train station near the Ramapo-Dunderberg trailhead. The kiosk welcomes visitors with a large Trail Conference map, hiking information, historical info, and a chamber of commerce directory of local amenities.

The Trail Conference’s half of the kiosk contains suggested loop hikes, backwoods etiquette, trail safety tips, and information about the organization. The kiosk is one of several exciting trail projects underway in western Harriman and Sterling Forest state parks. Trail Conference volunteers and staff committed many hours to developing content, fundraising, and securing approvals for the project.

Special thanks to all the volunteers and these financial supporters: Tuxedo Hudson Management Company, Palisades Interstate Park Commission, Tuxedo Chamber of Commerce, Northern Tuxedo Residents Association, Virginia Apostolides, Kenneth English, Caroline and Martin B. Lavanhar, Michele K. and Jake Lindsay, Susan B. Scher, and Rodger Friedman.

Science Class Hits the Trail

In October, Trail Conference staffers led the Tuxedo Park School’s fourth grade science class on an educational hike in Harriman State Park to learn about trail building, the power of water, and trail erosion control techniques. The students explored several brooks on their way to the Cascade of Sils.

The event provided a unique opportunity to bring the classroom into nature in ways that enhance student learning and retention. For some students, it was their first experience on a hiking trail. Tuxedo Park School (tuxedoparkschool.org) is a supporter of the Trail Conference, and also plans to engage its ninth graders in volunteer trail work in early 2017.

From building rock steps and bog bridging to repairing lean-tos and creating tent sites, numerous projects were completed along the Long Path in 2016 through the great work of many volunteers. To bolster the recognition of “New York’s greatest trail,” the Friends of the Long Path Facebook group was also created.

When Jakob Franke, who chaired both the Long Path South and Conservation committees, suddenly passed away in November (see page 5), he left big shoes to fill. Andy Garrison, the Long Path North Chair, has since been appointed chair of the Conservation Committee and will lead efforts to conserve land around this and other long-distance trails. Read more about the Long Path at bit.ly/1ct6p.

This summer, the Jolly Rovers Trail Crew made an impressive mark on the very heavily used Undercliff Trail off of the Breakneck Ridge Trail. With a massive crew of 26 members, the Rovers built more than 20 stone stairs on the badly eroded trail. Our friends also constructed over 20 square feet of retaining wall. In only one weekend, the Jolly Rovers contributed almost 500 hours of volunteer labor! We continue to be grateful for their partnership.

The Trail Conference thanks the Partners for Health Foundation for their support of the “Get Outdoors Essex County” grant, which supports the improvement and promotion of the Lenape Trail to attract Essex County residents outdoors and engage them in physical activity.

This year, volunteers worked to connect South Mountain Reservation with the rest of the trail system. Read more at bit.ly/1cTlfs.

Portions of this article courtesy of Tuxedo Hudson Management Company, Palisades Interstate Park Commission, Tuxedo Chamber of Commerce, Northern Tuxedo Residents Association, Virginia Apostolides, Kenneth English, Caroline and Martin B. Lavanhar, Michele K. and Jake Lindsay, Susan B. Scher, and Rodger Friedman.

Moe Lemire, former Trail Conference Catskills Lean-to Chair, has accepted the new role of Appalachian Trail Committee Chair after successfully finishing his thru hike of the A.T. on Sept. 21. Moe has 20 years of experience volunteering with the Trail Conference, and says, “I am looking forward to giving back to the trail I love so much.”

On Black Friday, eight volunteers led by Trail Conference Program Assistant Geoff Hamilton took part in REI’s #OptOutside movement by taking a stewardship hike up the Breakneck Ridge Trail, where they collected more than two garbage bags full of litter.

A quarterly look at some of what we have been doing to improve public access to nature.
ASK A TRAIL BUILDER

What is sidehilling?

Sidehilling, also known as bench cutting, is one of the most-used techniques in trail building. To construct a sustainable trail, it is crucial to avoid laying it out down the fall line—the most direct route downhill. When designing a new trail, we can try to follow the contour of the slope, which allows water to flow away from the trail as quickly as possible. If that is not possible, we might have to cut into the earth to create a relatively flat surface, or for users to traverse the trail. In this case, we mean by sidehilling: Before you “dig in,” it will help to familiarize yourself with some key terms:

**Outslope:** Downhill tilt of the trail

**Backslope:** Top step (approximately 5 percent)

**Waterflow:** The slope below the trail

**Hinge:** Point where the backslope meets the outslope; comprised of decomposing organic materials (leaves, plants and soil)

**Mineral Soil:** Commonly referred to as the “pencil butter” layer because of its smooth, light-brown appearance; located just below the surface

Once the trail has been laid out and hinged, the trail building begins. First, we aim to collect water and avoid a berm buildup. The final step is to compact the soil with a tamper, creating a dense surface that will allow water to quickly run off the trail.

Want to learn more? Our TRAIL CONFERENCE SUPPORTERS can teach you everything you need to know about sidehiling and construction.

Get involved at nynjtc.org.

TORI WELCH

Field Manager

Nynjtc.org Winter 2017
Welcome, New Member Clubs!

Yeshiva University High School Outdoors Club (Joined November 2016)
A high school club for students who love to hike, bike, and kayak. Club participants have been enjoying Trail Conference trails for years and joined as a member club so that they could help maintain a trail section of their own.

Discover Outdoors Foundation (Joined November 2016)
A youth organization working toward life-changing, educational, and fun outdoor experiences to kids who need it most. They joined the Trail Conference to help with trail maintenance work.

Mahwah Environmental Volunteers Organization
www.mahwahevovo.org

Women About
www.womenabout.org

New York City Audubon Society, Inc.
www.nycaudubon.org

SAJ - Society for the Advancement of Judaism
http://www.thesa.j.org

Closter Nature Center Association
www.clostenaturecenter.org

Little Stony Point Citizens Association
www.littletonypoint.org

Salt Shakers Trail Running Club
www.saltshakersrun.com

Friends of the Hackensack River
http://www.teaneckcricketgreenway.org/

Town of Lewisboro
www.lewisboroparks.com/parksrec

The Nature Place Day Camp
http://thenatureplace.com/

Friends of Van Cortlandt Park
http://vancortlandt.org/

Alley Pond Environmental Center
www.alleypond.com

Jolly Rovers
http://jollyrovers.org/

Boy Scouts of America, Troop 21
http://www.sks.org

Palisades MTB
www.facebook.com/groups/palisadesmtb

Frost Valley YMCA
www.frostvalley.org

HDR Mahwah Green Team
www.hdrinc.com/

Queens Parks Trails Club

The Highlands Nature Friends, Inc.
www.highlandsnaturefriends.org

Lake Hopatcong Foundation

Harmony Hall - Jacob Sloot House
www.friendsofharmoony Hall.org

Town of Woodstock

Ramapough Conservancy, Inc.

New Jersey Highlands Coalition

Yeshiva University High School Outdoors Club

Shelton's Shooters Sussex 4-H Club

Community Search and Rescue
www.commsearch.org
The Trail Conference is excited to announce a revised second edition of Circuit Hikes in Harriman and Bear Mountain State Parks, expect- ed to be available in January or February 2017. The first edi- tion was a best-seller, offering a comprehensive guide to loop hikes throughout these two highly visited parks, with eight loops suitable for trail runs and one for mountain biking. This revised edition adds two new loop hikes. In addition, several hikes have been updated to reflect recent trail changes, and more than 30 new photos have been added.

A variety of lengths and difficulties are represented in the book, from easy jaunts under 4 miles in length to strenuous loops of up to 10 miles. As with the previous edition, each chapter features a detailed map with an elevation profile, as well as multiple photos of outstanding views and interesting features.

Hike routes were selected by author Don Weise, with 25- plus years of experience lead- ing hikes and runs through the parks. The book was edited by Daniel Chazin and field-checked by volunteers. Maps were designed by Allison Wer- berg, red and assisted by Trail Conference Cartographer Jeremy Apgar. The second edition was designed by Nora Porter. The new Circuit Hikes in Harriman will be available for $15.95 ($11.96 for members) at nynjtc.org and at ‘Trail Conference Headquarters.

Daniel Chazin

Revised Second Edition of Circuit Hikes in Harriman Available in Early 2017

Why are lines for trails almost always red on your maps, instead of the color of the blaze markings?

Red trail lines have been the Trail Conference standard for more than 40 years, starting with the first edition of our Harriman-Bear Mountain map in 1975. While I cannot guess the original reasons for doing so, there are several reasons why we continue to show marked trails on our published maps as solid red lines, coupled with blaze color symbols that are keyed to the legend.

First, individuals with some degree of color blindness or other visual impairment aren’t able to accurately determine the color of certain trails if they are colored by blaze color; some trails may look similar to others; and some trails may blend into the background and not even be visible. A consistent blaze color symbol provides easy reference for users.

Second, it becomes much more difficult to use a print map in low-light conditions if the trails are all different colors. This can be especially important for park users who may be semi-lost as dusk approaches, and they need to figure out how to get out of the woods. Consistently col- oring red trail lines removes any confusion of needing to distin- guish similar shades.

Fourth, on a map with each trail colored by its blaze color, certain trails are given more prominence visually because they stick out more. On a map with many colors for trails, the eyes are often drawn to darker blues and reds against a lighter background, whereas lighter yellows, white, or light-green might be less obvious and fade into the background. Using a consistent color makes sure all trails are given the same visual weight, and our use of red helps to make the entire trail network pay off.

So now you know why all the trail lines crisscrossing a Trail Conference map are red!

Jeremy Apgar
Trail Conference Cartographer

As the Trail Conference cartographer for nearly 10 years, I have received praises on the quality of our maps, as well as many inquiries about them. I receive certain questions on a regular basis, which is why we’re introducing this column—to share the answers! If you have a question about our maps, email apgar@nynjtc.org and include “Map Talk Question” in the subject line. Your question might appear in the next issue of Trail Walker.

As the Trail Conference Cartographer for nearly 10 years, I have received praises on the quality of our maps, as well as many inquiries about them. I receive certain questions on a regular basis, which is why we’re introducing this column—to share the answers! If you have a question about our maps, email apgar@nynjtc.org and include “Map Talk Question” in the subject line. Your question might appear in the next issue of Trail Walker.

Hikers’ Marketplace

Get the complete set of trail maps at one great, low price!

Our map combo offers all of our high-quality Trail Conference maps at a 5% discount (members get an additional 25% discount). Save big on shipping charges! Find it on our online store under Combos.

Your planned gift to the Trail Conference will:

Help us protect trails and trail lands for future generations.

Preserve people’s connection to the natural world.

Create a personal sense of responsibility for our wild places.

Please consider including the Trail Conference in your will or as a beneficiary in an investment account or insurance policy today.

You can make a bequest by sharing the following sample language with your attorney:

I bequeath to the New York-New Jersey Trail Conference, Inc., a not-for-profit organization, with principal offices located at 600 Ramapo Valley Road, Mahwah, NJ 07430, the sum of $_______ (or ___% for its general unrestricted environmental conservation purposes.

TO LEARN MORE AND GET MATERIALS, CONTACT:

Don Weise, Development Director

dweise@nynjtc.org | 201-512-9348 x813

Find all our publications and select trail guides from others on our website, and get your 25% member discount!
Rerouting the Long Path to Protect Long Mountain – and Hikers

If you've recently hiked along the Long Path to the view-point at the Torrey Memorial in Harriman State Park, there's a good chance you've noticed the trail has been rerouted.

You may also have noticed that the original trail had become a danger to hikers. Rain storms and high foot traffic have eroded the path, exposing loose rocks and small stones that make the descent on the old trail difficult, particularly in unfavorable conditions. Sadly, there are no easy or inexpensive fixes to such heavy erosion. The most sensible option was to close it off and allow nature to restore itself.

The Trail Conference was asked to find a sustainable solution to reroute the Long Path to the Torrey Memorial. Trail builders from the Long Distance Trails Crew and Long Path Trail Crew received the authorization of New York State Parks to relocate the trail along a gentler gradient, incorporating a “side-hill” trail. (See “Ask A Trail Builder” on page 9 for an explanation of this technique.)

This new route will allow water to flow off the side of the trail instead of running along it, thereby lessening erosion of the tread.

Unfortunately, shortly after the new trail was completed, vandals took it upon themselves to “reopen” the old, brushy-in trail, create their own blazes, and paint graffiti on rocks. We recognize that some people may have a special fondness for the old route, but the trail had deteriorated into an unsafe hiking experience for the public. It needed to be closed to allow the mountain to heal. The brush, rocks, and logs placed in the old trail bed promote nature “taking over” once again. Our commitment to the public and our partners is to provide an enjoyable trail experience while protecting both the park environment and park users.

Activities such as changing or defacing the new blazes (aqua rectangles indicating the new route), or painting new signs on the trees and rocks are illegal. The Trail Conference, park staff, and all of the volunteers who put in great effort to create a better trail experience on the Long Path hope that everyone will use the new route and allow the older, eroded one to remain closed. The new route may be an easier and longer climb, but it reaches the same rewarding view.

Should you have questions about this or any trail reroutes, please call the Trail Conference: 201.512.9348. We appreciate your cooperation and trust that you will continue to enjoy this beautiful trail, memorial, and view. Find the full hike description at bit.ly/tc-lplm.

Meet the Trail Builders
This trail—and nearly every trail throughout the region—has been built by volunteers. These outdoor-loving people—people just like you!—work hard all year long to keep trails open and enjoyable for everyone.

They take pride in their contribution, and invite you to see what trail building is all about. If you would like to give back to the trails you love, our crews would love to meet you. Training is free, and happens right on the trail. Visit nynjtc.org to find all the ways you can make a difference for trails.

Support Trails, Parks and Open Space in the New York-New Jersey region by joining the New York-New Jersey Trail Conference.

The Trail Conference maintains more than 2,200 miles of trails, advocates for parks, protects open space, and provides volunteer service opportunities in the great outdoors.

Your membership supports the trails you love and gives you these additional benefits: Go to nynjtc.org/membership.


Great Discounts at supporting outdoor retailers and other businesses. See our partners at nynjtc.org/content/retail-partners.

Tuition-Free Enrollment in our Trail University introductory courses.

Workshops and Seminars on trail maintenance and construction, leadership training, wilderness first aid, chainsaw operation, environmental monitoring and GPS operation. Learn more about Trail U at nynjtc.org/trailu.

Access to a wide range of volunteer opportunities on-trail and off-trail. Visit nynjtc.org/volunteer.

Find links to all these and more at nynjtc.org.

Join/Renew NY-NJ Trail Conference Membership

We maintain more than 2,300 miles of trails. Your membership helps us expand our horizons. Included with membership: Trail Walker, 10% discount on purchases at many outdoor stores, and 25% discount on all Trail Conference maps and books purchased directly from the Trail Conference. Save time and a tree by joining or renewing online at nynjtc.org. Just click on the Join/Renew Now button.

MEMBERSHIP TYPE

Select one:  \[\square\] Join  \[\square\] Renew  Membership if available

<table>
<thead>
<tr>
<th></th>
<th>Individual</th>
<th>Joint/Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular</td>
<td>$40</td>
<td>$50</td>
</tr>
<tr>
<td>Sponsor</td>
<td>$75</td>
<td>$90</td>
</tr>
<tr>
<td>Benefactor</td>
<td>$150</td>
<td>$200</td>
</tr>
<tr>
<td>Senior (65+)</td>
<td>$35</td>
<td>$40</td>
</tr>
</tbody>
</table>

A joint membership is for two adults residing at the same address.

For my membership of $60 or more, send me a:  \[\square\] Trail Conference Cap  \[\square\] Harriman-Bear Mountain Map Set

To purchase a gift membership, call 201-512-9348, ext. 28.

<table>
<thead>
<tr>
<th>Name</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>City</td>
</tr>
<tr>
<td></td>
<td>State</td>
</tr>
<tr>
<td></td>
<td>Zip</td>
</tr>
<tr>
<td>Day Phone</td>
<td>Evening Phone</td>
</tr>
<tr>
<td>Email</td>
<td></td>
</tr>
<tr>
<td>Check or money order enclosed</td>
<td>Visa</td>
</tr>
<tr>
<td>Card #</td>
<td>Expiration Date:</td>
</tr>
</tbody>
</table>

Make check or money order payable to the NY-NJ Trail Conference, and mail to: 600 Ramapo Valley Road, Mahwah, NJ 07430.

Tax deductible. Dues are not refundable.