LONG PATH REACHES 75 YEARS & 347 MILES

Seventy-five years ago, Vincent J. Schaefer, a 25-year-old cofounder and hike leader of the Mohawk Valley Hiking Club in upstate New York, had a big idea:

an unblazed north-south walking route in New York linking downstate urban areas to the Adirondack High Peaks. “In 1931, my Dad drew the route on topo maps,” recalls his son Jim. “His original idea was to start at Bear Mountain and include high lands that more or less paralleled the Hudson River. He included the Shawangunks, the Catskills, the Helderbergs, and the eastern Adirondacks to the top of Whiteface Mountain.”

Schaefer brought his idea to other hike leaders, including Raymond Torrey, a cofounder of the New York/New Jersey Trail Conference. Torrey wrote a hiking column in the New York Post (“The Long Brown Path”) and in 1933 he began including descriptions of hikes along Schaefer’s route, which came to be called the Long Path.

An Ever Changing Route

The New York Walk Book describes the Long Path (LP) as “a living trail system, one whose size and shape are ever changing.” Which is probably why it’s sometimes hard to get a handle on it.

To begin with, “ever changing” was a characteristic that appealed to Schaefer. Unlike the cleared and blazed paths of the Appalachian Trail and Long Trail in Vermont from which he took inspiration, Schaefer envisioned the Long Path as a three- to ten-mile wide corridor defined around a series of landmarks—“geologic, historic or culturally interesting sites he selected every few miles,” says Jim. Hikers would navigate to the landmarks, which might be on private land as well as public, using topographic maps and compass. Schaefer would later write that he wanted hikers to “enjoy the sense of uncertainty, exploration, and achievement that reaches its highest level when the individual is dependent on the use of compass, marked map, and woods knowledge to reach an objective.”

Then, as today, the LP included wilder-
People hike for different reasons—to exercise, to be outdoors, to explore nature, to reach scenic views, to enjoy solitude or companionship, or any combination of those. Although I may consider the solitude of a hiking destination when planning a hike, I had not thought of it as a reason to hike. But early in May, when hiking the Appalachian Trail in the Smokies, I was asked to think about solitude and hiking by someone from the Virginia Tech School of Forestry doing a survey on the subject. The first questions on the survey asked me to indicate on a map where I had hiked, my start and finish times, stopping points along the way, and the number of people met. Subsequent questions were designed to determine what constituted solitude for the respondent. I was asked to rate the level of solitude in a variety of situations. The focus was on the number of people met within 15 minutes of the trailhead or near an attraction. I noticed and commented on the fact that the survey did not take into account being away from the sounds of civilization, such as road noise.

The next day, this survey topic was a subject of a discussion among my family as we hiked a short, 2.4-mile stretch on the AT. The trail, just north of the Smokies, was... a stream cascading alongside the trail almost immediately increased our sense of solitude...

—Jane Daniels, Chair, Board of Directors

What and Where Is Solitude?

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Save the Dates for Fall Workshops

Details to come in next issue.

October 14 (Saturday)
Maintenance 101
Two locations this year
Port Jervis, Orange County, NY and Ward Pound Ridge Reservation, Westchester County, NY

November 11, 12 (Saturday, Sunday)
Trail Layout and Design

Correction:
Due to a data error, the membership map published in the May/June Trail Walker (page 2) showed certain counties as having zero members, when in fact members reside in those counties. We regret the error.

From the Executive Director

Let’s Extend the Long Path to the Adirondacks in Time for Its Centennial

As the Long Path marks its 75th year (see article on page 1), it represents what can be accomplished when hiking enthusiasts energetically and permanently pursue a good idea over time. It also represents the challenges of fully realizing a continuous "wilderness" corridor across a landscape that is increasingly constrained by development.

There are 347 miles of blazed Long Path, essentially connecting Manhattan with Albany. This is an amazing accomplishment for a trail that does not have any special federal or state protected status. Rather, it has been stitched together over its tortuous course by the hard work of many, led by Trail Conference volunteers, working closely with local municipalities, park managers, and private landowners.

More miles of Long Path are located on public lands today than ever before, but 117 miles are still located on private lands or roads. And with roadways rising in response to development pressure, the routes across private lands are ever more tenuous.

I believe the best way to commemorate the 75th anniversary of the Long Path is to commit ourselves to completing the entire trail from Manhattan to the Adirondack high peaks in advance of its 100th anniversary. While 25 years may seem like an overly long time to accomplish this, there is an awful lot still to do.

What would a completed Long Path look like? End-to-end, it would be, at a minimum, a 500’-wide, protected corridor that spans the entire Hudson River watershed from the Adirondack high peaks to Manhattan by way of the Catskills. It would be an officially designated scenic trail and given protected status. It would be reserved for foot use and include side trails into local parks and trail networks. The treadway would be unpaved and built to standards appropriate for the anticipated level of use—hardened in more populated areas and more primitive in remote areas. Wherever possible, overnight camping would be allowed to facilitate through-hiking.

To accomplish this will require a commitment to use all of the tools at our disposal—advocacy, planning, partnerships, land acquisition, trail design and construction, and stewardship. Some of the most challenging areas that will need the concerted focus of state, county, and municipal partners are:

1. Orange County: The 25 miles between Schunnemunk State Park and the Shawangunk Ridge are mostly a road walk. As one of the fastest growing counties in New York, with spiraling development and real estate prices, a much more unified effort will be required to protect a continuous corridor.

2. North of Ginseng Ridge in Greene County: For much of the 50 miles north of Greene County and the Catskills to Thacher State Park west of Albany, the trail is located on private lands by permission. By volunteering their lands for others to use, these landowners are among the heroes who are keeping the trail open, but public agencies should shoulder more of the burden.

3. North of Thacher State Park: There is no marked trail north to the Adirondack Park. The Long Path North Committee has proposed several corridors, but a large number of acquisitions and conservation easements may be required to protect any one of these routes.

4. Adirondack Forest Preserve: The Long Path would most likely enter the forest preserve in the area of the Wilcox Lake Wild Forest where there are a variety of woods roads that can be used to approach the high peaks area. The Adirondack Park could be the one place where the Long Path fulfills Vincent Schaffer’s original vision of a three- to ten-mile wide corridor defined by a series of landmarks.

Whether or not we are able to permanently protect a recreational corridor spanning the length of the Hudson River will depend on whether we can join with municipal, county, and state volunteers to make it happen. Remembering that a young man’s vision 75 years ago has already inspired the unlikely achievement of a blazed Long Path through one of the most densely populated regions of the country, I’m betting that we can.

– Ed Goodell, goodell@nynjtc.org

NTD Crews Turn Out Despite Wet, Stormy Weather

The Long Path is currently blazed along this route from Fort Lee, NJ, to Allamont, NY, The Shawangunk Ridge Trail, connecting the AT at High Point, NJ, with Minnewaska State Park, is also shown.
**Trail Crew Schedules**

**July, August, and early September, 2006**

For the latest schedules and additional details, go to nynjtc.org and click on “Trail crew/Work trips.”

**TBDD = To Be Determined**

**For all trips bring work gloves, water, lunch, insect repellent. In some cases, tools are provided. Contact leaders in advance for meeting times and places. Volunteers must become members of the Conference to participate in these projects. A one-time “guest” participation is allowed, so bring your friends.**

**LONG PATH/SWANSHUNGUK RIDGE CREW**

**Leader:** Eric Meyer, Jakob Franke, 201-768-3612 (ev), 212-342-0178 (day)

**August 5 (Saturday)**

**Place and time to be determined.**

**EAST HUDSON CREW**

**Leaders:** Walt Daniels, 914-245-1250
Michael Borgner, 914-788-0616
Josie Gray, 914-391-5786

MaryAnn Massey, 914-967-8774
Patrick McGlinch, 631-223-2164

**If you are coming by train, be sure to let the leader know so that we wait for the train.**

**Weekdays**

**Leader:** Walt Daniels

**Meet:** 9 am, TBDD

**Work varies; in Kitchawan Preserve and Hudson Highlands Gateway.**

**July 15 (Saturday)**

**Kitchawan Preserve**

**Leader:** Walt Daniels

Meet: 9 am, Croton Train Station

**Restoring trails:** One has a major stream crossing requiring a bridge.

**July 22 (Saturday)**

**Wilkinson Trail on Sugarloaf Mountain**

**Leader:** Josie Gray

Meet: 9 am, Cold Spring Train Station

**Waterbars**

**August 26 (Saturday)**

**Hudson Highlands Gateway**

**Leader:** Walt Daniels

Meet: 9 am, Peekskill Train Station

**Large gully threatening trail**

**METRO CREW**

**Leaders:**

Joe Gindoff, 914-760-3588
Lizbeth Goncalves, 646-319-5159

**Tools and gloves will be furnished, feel free to bring your own. Mass transit and carpooling are possible.**

**July 8 (Saturday)**

**Pelham Bay Park**

The TC parks with friends of Pelham Bay Park and the NYC Parks Department in removing invasive plants, addressing erosion and drainage issues, and removing shoreline debris along the bridle trail. The NYC Parks Department will provide tools or you can bring your own.

Meet: 10 am at the Barlow-Pell Mansion parking lot located at 895 Shore Road, Bronx. (The Bronx Equestrian Center at Pelham Bay Park has offered a $5 trail ride discount to volunteers who work that day.)

**Aug 5 (Saturday)**

**Alley Park Queens**

Erosion control

Meet: 9 am upper parking lot.

**Aug 12, 13 (Saturday, Sunday)**

**Forest Park, Queens**

General assistance

Meet: 10 am

**NJ HIGHLANDS CREW**

**Leader:** Glenn Cheesak

973-283-0306, glenno@nji.com

**First Sunday of each month**

Trips start at 10 am. Call, email, or check NYNJ TC website calendar for directions and details of work trip.

**NORTH JERSEY WEEKEND CREW**

**Leader:** Sandy Pann, 732-469-5109

**Second Sunday of each month**

Trips start at 9:30 am; call for location and details during the week before the scheduled trip day.

**Tackle a variety of projects ranging from trail repair to bridge building in northern New Jersey.**

**NORTH JERSEY WEEKDAY CREW**

**Leader:** John Moran, johnmoran@earthlink.net

This crew will cover the NJ Ramapos, Ringwood S. P., Norvin Green S. F., and NJ Palisades area.

Its purpose is to respond quickly to immediate needs, rather than to schedule definite events far in advance. If you’re interested in being on call for this work, contact John Moran by email.

**BEAR MOUNTAIN PROJECT**

A variety of work for a variety of skill levels: clearing corridor; prepping site; quarrying stone with use of highline; moving crushed stone with culvert chute; five-gallon pails, or wheelbarrows; building crib walls, setting rock steps; and splitting stone. Novices are very welcome on these days. To register for any of the trips below or for more info, email: office@nynjtc.org, go to the Trail Conference website at www.nynjtc.org/BearMountainTrials, or call 201-512-9348.

- **July 11 (Tuesday)**
  - **July 18 (Tuesday)**
  - **July 25 (Tuesday)**
  - **August 1 (Tuesday)**
  - **August 20 (Sunday)**
  - **August 22 (Tuesday)**
  - **August 29 (Tuesday)**

**WEST JERSEY TRAIL CREW**

Not active in July and August

**WEST HUDSON NORTH CREW**

Not active in July and August

**WEST HUDSON SOUTH CREW**

Not active in July and August

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**AT Bridge at Dunfield Rebuilt**

The AT bridge at the Dunfield access area of Worthington State Forest, recently damaged beyond repair by flood events, is being reconstructed by the New Jersey Dept. of Transportation (DOT) and should be complete by the time this issue reaches the public. Special thanks are due to Sheree Davis with the DOT; Bob Gray, Chief Ranger with the National Park Service/Appalachian Trail Office, and Gene Giordano, chair of the New Jersey AT Local Management Committee, who kept the pressure on to get this dangerous problem corrected.

**Breakneck Parking Dangers**

Hikers parking along the sides of Route 9D at the trailhead for the Breakneck Ridge Trail should be aware that since recent publicity has highlighted the popularity of this trail, parking has become very limited and the use of this area is at times dangerous. On a recent weekend it was noted that all parking space was occupied and some drivers were parking along the highway shoulder. One such driver, when pulling away from the shoulder, was unable to see an oncoming vehicle exiting from the northbound lane of the tunnel, which resulted in a serious accident. Please be extra cautious when parking in this area. Through traffic does not always slow down for pedestrians. Make alternative plans for your hike if you cannot park safely in the area.

**Catskill Bound! Note Rt. 23A Closures**

Rt. 23A between Palenville and Haines Falls will be subject to periodic closures or limited traffic for most of the 2006 construction season as work is planned for many projects along the road. Alternate routes are Rt. 23 or 28. Rt. 23A through the Village of Hunter is also having major repaving, curbs, and drainage done this season, so expect delays and very rough road.

**Repeat: No More Parking**

At Seven Springs Road for Schunemunk Some bad news is worth repeating. As we reported in the September/October 2005 issue, autos will no longer be permitted on Seven Springs Road, thereby ending access to a trailhead parking area for the Jesup/Highlands Trails on Schunemunk Mountain. Hikers will be allowed to walk the road to access the trails. The aqua blazes of the HT already follow the road and the yellow blazes of the JT will soon join them. There is parking along Seven Springs Road near the intersection with Mountain Road, the access road from Route 208. Mountain Road is busy and parking on it is not recommended. The road was closed in order to end a severe problem with illegal dumping at its end point.

**Visit Us Today!**

www.NYNJTC.org

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**Learning to Use a Culvert Chute**

Crews broke ground in late March on the relocation of the Appalachian Trail at Bear Mountain. As of the deadline for this issue, 10 days of workshops had been held and 15 work days completed. More than 40 volunteers have participated in the construction so far, contributing over 500 hours of service to the project.

Volunteers have built stone steps and many square feet of stone cribbing walls. They also have set up and begun using a tool new for the Trail Conference: a 287’-foot-long culvert chute, used to transport crushed stone fill and surfacing from Perkins Drive down to the location of the new trail under construction.

Thanks go to the Thendra Mountain Club (TMC), which is offering overnight housing for project volunteers at their Lake Tiorati Camp this summer.

To get involved, come out for a work trip or participate in one of the ongoing Trail University workshops and training events (see crew schedules above, Trails U schedule on page 9). Contact Heidi Adami, Volunteer Coordinator (201-512-9348, ext. 26), or Eddie Walsh, Project Manager (201-512-9348, ext. 24), to register for an event or for more information.

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**A volunteer monitors the 287-foot long chute used to move material to a work site on Bear Mountain.**
Attorneys repeatedly argued that the state-imposed Highlands Council’s ongoing commitment to more closely monitor the state parklands, threatening visitor safety and disrupting recreational opportunities enjoyed by hundreds of thousands of park visitors. It is the number one threat to our parks. Meanwhile, the only legal off-road vehicle path in the state, near Chatsworth in the Pine Barrens, is scheduled to close by 2008. While some of New Jersey’s 250,000 ATV riders head to Pennsylvania or New York, a lack of legal and local ATV riding areas makes our parks temptations that draw more and more ATV riders. The current situation serves neither group, and the public’s open space investment is compromised.

What are we to do? I believe if we are to begin to make any progress toward reserving the imprints of trails, long closed, but still visible under layers of leaves and the decay of branches placed many years before to disguise the now-forbidden corridor.

When time is taken to help the earth heal herself, an unused trail can disappear into the landscape with time. Once Upon a Trail

Naturalizing Unused Trails Takes a Gardener’s Touch

By Denise Vitale

I have a story to tell...a story about making an impact. It starts with a footprint in the back-country of the Grand Canyon near an old mining camp. It was behind a rock, off the trail. A boot met the ground in that spot over 100 years ago when soles were connected to leather uppers with hob-nails. The tale goes back much further than that to the ancient Mediterranean world. There we see the imprints of the chariot wheels that rolled across the fields of Europe.

Why is this story important to us? Any-one who has hiked up on Bear Mountain or in the Delaware Water Gap knows why. The impact of many off-trail hikers has left bare areas crisscrossed with herd paths and sections of trail widened to 20 feet and more across. If you look more closely as you hike along, you will also find the imprint of trails, long closed, but still visible under layers of leaves and the decay of branches placed many years before to disguise the now-forbidden corridor.

We at the Trail Conference are the stewards of over 1,600 miles of trails. We work relentlessly to maintain our current trails and build new trails we hope will be used many years after our boots no longer make imprints on this earth. The work we do will tell our story for generations to come. Our message is that we care, not only about providing a path through nature’s beauty, but also about preserving that beauty and diminishing the scars of our abandoned paths. When time is taken to help the earth heal herself, an unused trail can disappear into the landscape with time.

To this end, we are beginning a new chapter in our history focusing on our commitment to removing the traces of old routes when we build new trails. In this chapter, passages of compacted, lifeless soils will be rejuvenated so that water and roots can find their way into sustainable depths. In addition to restoring plants in harsh ways to fill in voids left in damaged areas, we are also learning to propagate new plants from seeds and cuttings collected from native trees, shrubs, flowers, and grasses.

This spring we began to garden and meet trail work, and we are looking for some volunteers to help us. When we relocate sections of the Appalachian Trail across Bear Mountain, a project that began this spring, we will have large sections to restore to a more natural habitat and replant with indigenous vegetation. We are looking for someone with experience in plant propagation to teach a group of volunteers the appropriate techniques and timing for collecting seeds and cuttings from plants on the mountain. We are also looking for volunteers willing to raise the new plants so they are ready for us in the coming years.

Once we step upon a patch of earth, it makes imprints on this earth, it makes imprints on this earth. Please join me in the restoration of Bear Mountain trails so the imprint we leave behind tells a story of kindness to the land and the healing that comes from caring.

If you have any interest in working with us on this special project, please contact Denise Vitale at WHNTrail@aol.com or 845-738-2126.
NEW STAFF
TC Expands NJ Open Space Work With New Conservation Director
William P. (Bill) O’Hearn has joined the Trail Conference as Conservation Director, with the primary goal of expanding the Conference’s acquisition and conservation activities in New Jersey. O’Hearn previously held the positions of New Jersey Regional Plan Director for the New Jersey Highlands Coalition and Director, Land Trust for the Passaic River Coalition.

Bill will work with John Myers, Land Acquisition Director and architect of the Trail Conference’s Land Acquisition and Stewardship Fund, who has worked on the program primarily in New York State since 1991, to eventually take on the responsibility of the organization’s New York State projects as well. The Trail Conference’s conservation program has preserved 3,600 acres to date in New York and New Jersey.

Bill has served as a board member of the Sterling Forest Partnership and is a 15-year member of the Trail Conference.

Volunteer Coordinator to Focus on Recruitment, Retention
Heidi Adami joins the Trail Conference staff as Volunteer Coordinator. Heidi has a background in nonprofit work that includes volunteer recruitment and retention as well as development and marketing. She is also an experienced volunteer; upon graduating from Kutztown University with a bachelor’s degree in psychology, she completed a year of service with the AmeriCorps’ VISTA program (the domestic Peace Corps) and has been involved with a number of volunteer and nonprofit organizations over the years. Growing up in central Pennsylvania, Heidi spent her youth and early adult years hiking the Susquehannock, Loyalsock, and Mid-State Trails. She recently moved to New Jersey and looks forward to exploring the open spaces of the New York and New Jersey area.

Volunteer Classifieds: Get Involved!
If you are interested in volunteering with the Trail Conference and do not see an opportunity that suits you, contact the Volunteer Coordinator, Heidi Adami, either by email, volunteers@nynjtc.org, or phone, 201-512-9348 ext. 26, and she will find a way to get you involved.

Publications Committee
Our volunteer Publications Committee is responsible for producing and marketing all Trail Conference map sets and guidebooks. We welcome volunteers who are interested in contributing to our efforts, thereby ensuring that the public will be provided with the most accurate, up-to-date, and useful information. Volunteers with the following talents and interests are particularly welcome:

• Editing: Our publications are edited by volunteers.
• Field-Checking: We need volunteers to field-check our maps and guidebooks. This involves following the description or the route shown on the map and making sure that it is complete and accurate.
• Indexing: Volunteers are needed to prepare the indices for our guidebooks.
• Photographs: If you have good-quality photographs taken from our trails, we may be able to use them in our guidebooks.
• Graphic Design: Volunteers are needed for graphic design and layout of our books and maps.

Cartography: We need volunteers to assist in the preparation of our new digital maps, as well as sketch maps for our guidebooks.

We are currently looking for cartographers for two new publications. One will present selected hikes in the New York metropolitan area; the other will describe trails in Westchester County. Proficiency in Adobe Illustrator and ArcView 9 is desirable. Sample design specifications and a sample map are available on the web at www.nynjtc.org/volunteers/pubs-ed.html.

GPSing: Volunteers hike a designated trail with a GPS receiver, recording important waypoints and taking careful notes. The information gathered is then sent to the Trail Conference office, where it is stored and used to produce our maps.

Project Managers: Project managers oversee the production of maps and guidebooks, coordinating the work of other volunteers and contractors and ensuring that the publication comes out on time and within the approved budget.

Marketing: We need people with expertise in marketing to assist us in the marketing of our publications. We are also looking for volunteers to visit stores and make sure that they stock our current Trail Conference publications.

Accounting Advisor: The Trail Conference maintains a complex set of financial records and occasionally needs some nonprofit accounting advice and guidance. If you are a CPA and would be willing to volunteer your expertise, please contact Elizabeth Bleiweiss at bleiweiss@nynjtc.org or 201-512-9348, ext 23.

Other Opportunities
• Minute Takers
• Network/Server administration
• Network/Server administration
• Desktop computer support (hardware and software)

Leave a Lasting Legacy
A Charitable Gift Annuity can be purchased directly from the Trail Conference for a minimum of $10,000. Annuity income can be provided for life for up to two people, and payments can be deferred until a time when you need them most. For more information on including a New York/New Jersey Trail Conference Charitable Gift Annuity in your planned giving portfolio, contact Maureen Edelson at edelson@nynjtc.org or 201-512-9348, ext. 29.

IN MEMORIAM
Meyer Kukle
Meyer Kukle, an avid hiker, conservationist, and former executive of an outerwear company, died in January. He was 85.

A passionate environmentalist, Meyer was involved with the Palisades Interstate Park Commission, which honored him with a certificate of appreciation when he turned 80. He also had what he termed a “55-year love affair” with the New York/New Jersey Trail Conference. Ten years ago, he dedicated 100 acres of his family’s property in the Catskills to conservation through the Catskill Center for Conservation & Development. Preservation easements guarantee the land will always stay wild.

Meyer is survived by his wife, Lenore; three sons, Richard, David, and Peter; a daughter, Susan; and five grandchildren. Memorial donations may be made to Meyer’s Fund, Palisades Interstate Park Commission, PO Box 155, Alpine, NJ 07620.

Jerry Wyckoff
Jerry Wyckoff, founder and charter member of the North Jersey Chapter of ADK (Adirondack Mountain Club), died on April 26 after a long battle against cancer. His last evening was spent singing with friends before he died. He was 63.

A native New Yorker, Jerry grew up in northern New York and later settled in New Jersey. He was a dedicated hiker who provided the refreshments and music for hikers on many hikes. He also worked on the Palisades Interstate Park Commission, P.O. Box 155, Alpine, NJ 07620.

Meyer’s Fund, Palisades Interstate Park Commission, P.O. Box 155, Alpine, NJ 07620.

IN MEMORIAM
JERRY WYCKOFF
By Popular Demand, We Bring You: New York/New Jersey Trail Conference Volunteer Business Cards!
Printed on Tyvek, these tear-resistant, waterproof cards can be used to help you deliver the message about the Trail Conference mission. These cards can be handed out to fellow hikers and curious people you meet along the way, helping you to provide the valuable outreach we need to grow and maintain a network of dedicated volunteers.

To receive your free Trail Conference Volunteer Business Cards, contact Heidi Adami, Volunteer Coordinator, at 201-512-9348, ext. 26 or adami@nynjtc.org.

50 Attend Trails Workshops
Soaking April rains on both of this year’s annual spring trails workshop days did not deter 50 determined registrants. While poor conditions delayed some field work to be rescheduled, the lecture portions of both Maintenance 101 and Construction/ Restoration workshops were presented at the picturesque and hospitable U.S. Senator Frank S. Launn Center at Sterling Forest State Park. The wet weather outside allowed time for extended discussions and “Q & A” sessions inside on day one. When the rain did relent for a bit in the afternoon of the second day, it was possible to observe several examples of poor trail conditions in the field and discuss the application of the methods of remediation presented earlier.

A note of appreciation goes to the instructors who were able to provide a rewarding learning experience in defiance of the uncooperative weather.

Thanks very much to:

Maintenance “101”
Ike Siskind
Peter Tilgner
Suzan Gorden

Construction and Restoration
Monica and David Day

A special note of thanks to the folks who provided the refreshments and support services:

Rita Heckler
Lou O’Neil
Trudy Schneider
Mary Hilly
Mary Wyckoff
Dr. Jackson
Mark Lis
Manny Silverberg
Bob Marshall

Thanks also go to Sterling Forest Park Manager James Gill and his staff for their cooperation and hospitality.
Help Combat the Invasive Mile-a-Minute Vine

The Problem: Be on the lookout for the non-native and highly invasive mile-a-minute vine (Pseudostephania erosa). It has been found throughout the state due to its highly aggressive nature. Early germination and fast growth allow mile-a-minute to out-compete native vegetation. This annual vine can grow up to six inches a day and reach lengths of more than 23 feet a year! Prickly stems and vines allow it to climb over surrounding vegetation and form dense, tangled mats that shade out the sun and choke underlying vegetation. This can lead to a decrease in local biodiversity while reducing the aesthetics of the landscape. Mile-a-minute is easily recognized by its triangular leaves, downward facing prickles, ocrea (circular leaf surrounding the stem), and small clusters of indescent blue fruits that appear in late summer.

The Solution: Look, Find, Report, Pull, Monitor! Although well-established in several mid-Atlantic states, this vine is just a recent arrival in New Jersey, known from just a half dozen locations in our area. This suggests containment may be possible if we act now. Government agencies and other organizations have been collaborating to launch an early detection and rapid response effort to combat its spread. This includes, education and outreach to improve detection of the vine; 2. control of known infestations; 3. post-control monitoring for signs of recurrence. Hand pulling of this shallow rooted vine before seed set (before mid-late July) is the preferred control approach. Plants pulled after seed set should be “cooked” in the sun in black plastic bags for at least three weeks to kill the seeds.

How to Help: Watch for this distinctive looking non-native invasive during hikes, and; post-control monitoring for signs of recurrence. Hand pulling of this shallow rooted vine before seed set (before mid-late July) is the preferred control approach. Plants pulled after seed set should be “cooked” in the sun in black plastic bags for at least three weeks to kill the seeds.

Hikers Track Invasives continued from page 1

escaping into the wild wherever Europeans wandered and settled. Once gardening as an esthetic (dare I say competitive?) pursuit of plant fanciers overtook gardening for food, fodder, flowers, and pharmacology, more and varied bushes, trees, vines, and grasses foreign to the continent made their way into and then out of people’s gardens.

The national highway system employed exotic fast-growing plants of all types to stabilize banks and bare soils. Departments of conservation nationwide naively planted exotic trees, shrubs, and grasses foreign to the continent to create “improved” wildlife habitat. The choices were made for thriftiness, the ability to thrive on neglect, and rapid growth and dispersal, the very description of successful “pioneer” plants.

Not every invasive plant is from another continent. Many are North American species taking advantage of locally stressed or disturbed places. Not every foreign plant can be coaxed to grow even in the best of conditions let alone escape to be a nuisance in the wild.

Problem is Global

Unfortunately for the insects, birds, and animals that depended upon their native flora with which they had co-evolved, a few hardy newcomers tended to out-compete the plant members of these creatures’ highly diverse and complex ecosystems. The resulting simplified systems of far fewer plants deprive many species of essential food stuffs, breeding habitat, and adequate shelter. Hikers themselves may unwittingly transport the seeds of some of these most aggressive of colonizers on their clothing or on the soles of their sneakers. “Strider” got in the habit of cleaning the soles of her boots frequently. It wasn’t because she disliked the little muddy waffles in the tent or at home. “Strider” cared about the effect of her movements through the landscape. In the countries where Peace Corps volunteers work, often in or near environmental hot spots, preventing the spread of exotic weeds prevents the loss of essential grazing or planting systems that people have lived with for eons. It also slows or prevents extinction of rare and wonderful indigenous plant and animal communities.

No less than in Asia and Africa, our own native butterflies, birds, and mammals depend on highly complex and rich plant systems thousands of years old. They too are constantly threatened by the uncontrolled spread of non-native plants through movements of wind, water, insects, birds, and mammals (of which man is only one). These plants may be trees, vines, shrubs, grasses, sedges, reeds, or green flowering plants. They may win the race for nutrients and space by a number of strategies: shading out the competition, altering the soil chemistry, germinating earlier, growing rampantly in a wide variety of light regimes especially along edge habitats receiving full to partial sun. It is our only area plant with deltoid leaves, prickles, and ocrea. In New York, it is currently known from Iona Island and Dunderberg Mountain in Bear Mountain State Park, the Palsiedas Parkway and Blauvelt State Park in Rockland County, Stewart buffer lands in Orange County, and Camp Smith in Westchester County, among other areas. To report an infestation or volunteer to help with this effort please contact Kristen Fix at 845-758-7035 or kmkb@gw.dec.state.ny.us. For additional pictures and more information go to: www.ipcny.org/sections/target/mlm_overview.htm.

What Is It?

The non-native mile-a-minute vine turns familiar scenes into alien landscapes.

Poison ivy vine? No, it’s a seven-foot long black snake emerging from a tree hole along the Pump House Trail at Wawayanda S.P.

How did they get here from there?

or soil types. They also employ multiple methods of propagation: huge quantities of seed, aggressive vegetative or root sprouting, riding on passive dispersers like wind and water, or clinging to active dispersers like birds and mammals.

TC Volunteers Start Field Work

The New York/New Jersey Trail Conference together with Rutgers University is in the first phase of a three-year study to teach volunteers how to recognize and monitor over two dozen of these disturbing plant opportunists. Parkland trails in Harriman and Ringwood / Ramapo have been flagged in dozens of two-mile segments in order that citizen scientists may collect information at precise intervals on the presence or absence, and the abundance of these system-changing species. GIS mapping is employed to watch any changes in plant communities. One short section in each park will be measured by all the volunteer monitors in that park plus a half dozen or more trained botanists. The data points will be gathered to see if the volunteers’ data are in line with the professionals’ data. My bet is that their data are every bit as good!

Another focus of the USDA grant is the testing of retained knowledge of the volunteers, and any changes in their advocacy such knowledge begets. Roughly 30 packs will be deployed this summer. We hope to get similar numbers of fresh recruits for 2007 and 2008. That would generate a lot of very good information about the spread of these invasive plants over time, the efficacy of using trained volunteers to monitor them, and the measure of environmental advocacy gained in defense of threatened landscapes—the ripple effect of trained citizen scientists on the places where they live.

The Careful Hiker

“Strider” finished her AT thru-hike, gave a speech about it at her college, and spent the next five years in West Africa and Madagascar helping people and hiking and healing the land. I last saw her just before she headed west to a new coast, her freshly scrubbed boots packed for careful, thoughtful hiking in the Olympic Range.

Anne Osborn and Joan James brave the rain to flag monitoring sites at Harriman S.P.

Anne Todd Osborn is science project coordinator of the Trail Conference and has served as a member of the TC board of directors.
SEAN ROWAN/20TRAIL MAGAZINE

LP Runner Raises $1,500 for Trail Conference

Charity runner David O'Neill had two goals this spring: finish his early-May trail run on the Long Path and be home in time for Mother’s Day with his wife Angela and his sons. He made it.

Starting from Fort Lee Historic Park on May 1, David and his family and friends were cheered on by New York/New Jersey Trail Conference members Dan Chazin, Jakob Franke (chair of the Long Path South Committee), and TC Development Director Maureen Edelson. David’s course over the next 12 and a half days took him across 347 miles of challenging New York and New Jersey terrain. He reached the trail’s terminus at Lewis Road and Route 146, Altamont, NY, on May 13. This was David’s second Long Path run.

While running for fun and personal pursuit, David also raised $1,300 (and a great deal of awareness) for the New York/New Jersey Trail Conference. He hopes the funds will go specifically to assist the Long Path, which marks its 75th anniversary this year.

Congratulations, David, and many thanks from the Trail Conference.

For more about Charity Runners and David O'Neill, visit his website, www.charityrunners.org.

LONG PATH REACHES 75

more than 75 miles of the trail. In Saratoga County, there is active interest in linking with the trail and carrying it further north. Additionally, a southern extension to the LP on the Shawangunk Ridge Trail (SRT)—was built to connect with the AT at High Point State Park in New Jersey. The SRT offers an alternative route for the LP to one through Rockland and Orange Counties that includes extended road walks.

A weekend of hard work was put in on the old Blue Trail at Sam’s Point in May by the Shawangunk Ridge & Long Path Crew. They cleared over one mile of blueberries and blazed about half of the trail (blue). The trail is very passable now, and one more day of weed whacking and clipping and blazing (August 5) should finish the job.

LONG PATH REACHES 75 continued from page 1

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The LP course follows the Palisades. It is a continuous hike was Mary Ann Nisely, the first to do it as an ambition—your point of view, either as an ambition—or another—classic hiking in wilderness or wilderness or almost wilderness conditions.

Taken together—the LP south and north, wilderness bushwhack or paved road—Jim Schaefer views the LP as one of the most varied and accessible trails in the country. “There are bushwhacks in the old tradition in the Forest Preserve,” says Jim Schaefer. “No cut trails, but old logging roads, trails, game trails and such to get from one place to another—classic hiking in wilderness or almost wilderness conditions.”

The new edition of the Trail Conference Long Path Guide scheduled to be published in 2007. To reach them, hikers must rely on their backcountry navigating skills. “They are bushwhacks in the old tradition in the Forest Preserve,” says Jim Schaefer. “No cut trails, but old logging roads, trails, game trails and such to get from one place to another—classic hiking in wilderness or almost wilderness conditions.”

Taken together—the LP south and north, wilderness bushwhack or paved road—Jim Schaefer views the LP as one of the most varied and accessible trails in the country. “There are bushwhacks for hikers who like those. There are paved sections for people who like to rollerblade or who need handicapped accessible trails. The LP is the most ecologically and culturally sensitive hiking experience, he says, “None other than the Long Path of New York touches all outdoor enthusiasts.”

How long will the Long Path be when it celebrates 100 years? Read Executive Director Ed Goodell’s column on page 3 for some thoughts about the future.

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How to Lead a Hike

Tips from a Veteran Hike Leader

Trail Conference member and volunteer Richard Zinn celebrated 25 years of leading hikes in May 2006. His first hike leadership experience was at Mt. Taurus in the East Hudson Highlands, and over the years, he has developed some good leadership messages to share with us all. Mau- treen Edelson captured some of his sage advice.

Choosing a hike to lead

“Tailor the hike to your abilities—pace, strenuousness, distance—and preferences, like a nice climb to a good view.”

Know where you're going

“Preview the trail one to two weeks before you lead.”

Communicate with your group

“Let people know the meeting place. Have a sign-in sheet so you know who's in your group. Hikers should introduce themselves. Welcome new members. Ask for an experienced hiker to volunteer to sweep. Let people know the rules and standards of your hike.”

When you're at a crossroads

“It's important to wait at trail junctions for the entire group to gather. Make sure everyone takes the correct turn.”

Take a break

“People need a break in a strenuous hike, or the opportunity to take in a view, or time for basic human needs—like a separation. A lunch break with a great view is smart.”

Have adequate resources

“Carrying some extra water is always a good idea.”

Reaching your destination

“People enjoy conversation, meeting new people, and catching up with old friends. I've even had romance blossom on my hikes. AMC hikes always end with an offer of a ride back to the city or to mass transportation. We wind up with happy and sociable people on our trails.”

Enjoy a Long Distance Swim At Lake Minnewaska

Swim tests are scheduled for Sundays July 9, 16, 23, and 30 at the Rosendale Pool six miles north of New Paltz on Route 32. A final test for 2006 will be on Saturday, August 5 at 12 noon at Montello Pool in New Paltz. More details are on the MDSA website, www.minnewaskaswimmers.org, or call 845-895-5012. Reservations for swim tests are helpful but not required.

The Minnewaska Distance Swimmers Association (MDSA) invites anyone who is hiking or biking at Minnewaska to qualify as a distance swimmer and enjoy an uncrowded beach with an expanded swimming area at Lake Minnewaska. A 200-yard buoyed cable stretching out 25 yards from shore outlines a zone where one can take a 400-yard uninterupted swim. Entrance to the water is at the former “family beach” on the southeast end of Lake Minnewaska, a walk of about 15 minutes from the upper parking lot.

To use this beach it is necessary to be a member of MDSA. A swim test, $15 annual membership fee, two photographs (head shots), and forms including a release of liability are required for membership.
You wake up early one morning and look at the temperature; it's 80 degrees and humid. You want to escape the air-conditioned house and get outside. But where can you go for the day to escape the heat? Believe it or not, you might try New Jersey. One great cool place in the state is the Tillman Ravine in Stokes State Forest in the Kittatinny Mountains of northwestern New Jersey.

The Tillman Ravine Natural Area encompasses more than 500 acres of large hemlocks and northern hardwood forest. Tillman Brook, a cold mountain stream that originates from a spring deep in the Kittatinny, cuts through the red shale and sandstone walls as it rushes downhill to form a beautiful ravine. Rhododendrons and Christmas fern cling to rock ledges. If you time your hike for late June or early July, you should enjoy the bonus of the rhodies in full bloom.

A 1.6-mile perimeter trail forms a figure eight loop in the ravine, with a few connectors across the mini-loops in between. The trail system in the ravine was reconfigured and relabeled recently, so existing maps are not accurate. Check the map posted at the trailhead kiosk for the up-to-date layout.

There are two parking areas; it does not call and say “I saw this greenish bird ….” the index might help narrow the possibilities!

There are only one photograph for each species, so in species in which juveniles or males and females look very different, this guide would be no help. There are no flight descriptions of the Conference in building and maintaining our trail network. There are a few minor errors. For example, the author states (p. 233) that Hudson Line Metro-North trains “make one morning stop” at the Breakneck Ridge station, and that “[r]eturn service is even more unpredictable.” In fact, two trains stop at this station each weekend day—northbound in the morning, and southbound in the afternoon.

Overall, though, the book is well worth its $16.95 price. In fact, after perusing the review copy of the book I was provided with (which, of course, will find its home in the Trail Conference library), I quickly made a trip to Barnes and Noble to purchase my own copy!

Daniel Chazin has edited many TC guidebooks and chairs the TC Publications Committee.

Moon Take a Hike—New York City is available for purchase from the Trail Conference. See Hikers’ Marketplace on page 12 for details.

The field guide is compact (4 x 6 x 0.5 inches), and birds are presented in the same order as they would be in more comprehensive

The National Geographic Field Guide to Birds: New Jersey
National Geographic, 2005
Edited by Jonathan Alderfer
Reviewed by Patricia Grove

Do you like to be able to identify the birds you see and hear? Does this guide belong in your daypack when you hike in New Jersey? Perhaps.

This field guide belongs to the genre that feature photographs rather than illustrations. It does not attempt to be comprehensive, but rather includes 169 species that one would typically encounter in the state. Each entry includes a photograph of the bird, a description of field marks (colors, bill shapes, and the like) that one could use to identify the bird, a paragraph about the behavior of the bird, notes about its typical habitat, and lists a few areas in the state where one might expect to encounter the species. A state map is colored to show generally where the species might be found in winter, summer, or year-round. Field notes provide hints about behavior or appearance that aid in identification.

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(some and larger) bird guides. Photographs are excellent, and the information is succinct, accurate, and helpful.

Although the Forward suggests that the guide is suited to birders of varying ability from beginner to expert, I don’t agree. I have been birding for many years (although I am by no means an expert in field identification), and there are several aspects of this field guide that would drive me crazy. Several common species (e.g., white-breasted nuthatch) are presented only in field notes as comparators to another bird.

Particularly impressive is the fact that the descriptions are up-to-date. For example, the Storm King hike incorporates the relocation of the Stillman Trail that was opened less than a year ago. Wherever appropriate, references to Trail Conference maps accompany the hike descriptions, and the author recognizes the important contributions of the Conference in building and maintaining our trail network.

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A Sampling of Upcoming Hikes Sponsored by Member Clubs

The activities listed are sponsored by member clubs of the IHC-NY/NJ Trail Council. All hikes are welcoming to club members and members of the public.

July

Saturday, July 1

UCHC. Echo Lake Park, Mountammon, NJ: Leader: Marc-Dene, 908-233-6641. Meet: 9 am; call for directions. Easy, short, portion part of trail in woods with some hills and partly on level paths; returning by lunchtime. Good hike, bring your lunch to enjoy after the walk. Steady rain cancels.

Sunday, July 2


Monday, July 3

AMC-NYJ. Highlands 50-sterling Forest, NY: Leader: Hal McLaughin, 718-419-1144. Meet call leader. Moderate 5 miles. We’ll spend 15 minutes at Saturdays center learning history of Sterling Forest. Then hike Sterling Lake Loop and Pine Meadow Trail, including historic Iron mine trail. Morning ages 50+ all welcome.

RWV. Sam’s Point Preserve, NY: Leader: call 607-240-7166 for meeting place and hike details. Meet: 8 am. Easy 5 miles, optional ride to Highhouse (fee)

UCMC. Old Short Hills Park, Millburn, NJ: Leader: Cheryl Short, 973-299-0212. Meet: 10 am; call for directions. Moderately easy hike on various trails, area in hills.

Tuesday, July 4


UCHC. Lochwood Reserve, Morris Twp., NJ: Leader: Cheryl Short, 973-299-0212. Meet: 10 am at Kitchell Rd. parking, across Glen Ave. from RR station. Easy 4-5 miles to Hemlock Falls. Registration is not required, but is recommended.

Wednesday, July 5

UCHC. Allamuchy Mountain Park, NJ: Leaders: Jeanne and Don MacLean, 908-646-0549. Meet: 10 am at Allamuchy scenic overlook; bring your own lunch. Easy hike with beautiful lake for lunch; bring inject repellant.

UCHC. South Mountain Reservation, Millburn, NJ: Leader: Mike Solomon, 973-379-3191. Meet: 10 am at Tulip Springs parking, Brookside Ave, Millburn. Moderate hike with several hills. Expect hike to take 3-4 hours. In May/June hike, over Northfield Ave. Bridge, then on lower trail back to Tulip Springs.


Tuesday, July 11

UCHC. Light Trail Work in Warwick State Park, NJ. Leader: Doug Huguenin, 914-277-9147. Meet: 9 am at state park entrance park lot (Registration required). Limited to 10 on the first 4 weeks only. We will do also some light trail maintenance, picking up trash and bring some clipping. Bring a helmet if you have them and a pair of work gloves.

Teen and Parent Hikes


AMC-NYJ. AMC-NYJ. Highlands 50-sterling Forest, NY: Leader: Hal McLaughin, 718-419-1144. Meet call leader. Moderate 5 miles. We’ll spend 15 minutes at Saturdays center learning history of Sterling Forest. Then hike Sterling Lake Loop and Pine Meadow Trail, including historic Iron mine trail. Morning ages 50+ all welcome.

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Thursday, July 13


Saturday, July 15


Thursday, July 20


UCHC. LVTR. Breakneck to Cold Spring, NY. Leader: Peter Vigneron. Contact: www.glengray.org or call 201-692-9317. Meet: 10 am at Arnold Bridge. Enjoy some spectacular views along the way.

RWC. Buttermilk Falls, India Brook, Mendham, NJ. Leader: Cheryl Short, 973-299-0212. Meet: 10 am; call for directions. Easy, 5 miles with lovely waterfall; scones and soup at Station 5 Islands.

UCHC. Orange Reservoir, South Mountain Reservation, Millburn, NJ. Leader: Elle King, 908-233-8411. Meet: 10 am at Gissing Grove parking, Glen Ave. from RR station. Moderate 4-5 miles to Hemlock Falls. Summer meeting.

August

Monday, August 2

UCHC. WVTR. Breakneck to Cold Spring, NY. Leader: Art Tschirky, 212-727-8951. Meet: Breakneck stop on Metro North train; call for meeting time. Moderately strenuous 9 miles, taking the easy way up Breakneck and South Mt. Trails to Breakneck Spring. Drive or arrange to shuttle your car up to train station. Heavy rain cancels.

UCHC. Old Short Hills Park, Millburn, NJ. Leader: Susan Joubert, Buckingham Golf Course, Millburn. Moderate 2-hour hike through beautiful park with stream and take some ups and downs. Steady rain cancels.

UCHC. Hiking in the Green Mountains, Vermont. Leader: Larry Spinney, 845-256-3721. Meet: 9 pm at Harmon Inn parking, Rt 17, VT. Amidst NY/NJ: Moderately strenuous 6-7 miles, with views of several peaks including Washbrough’s High Point, for experienced hikers. Monday, August 8

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**NY/NJ TC member?**

<table>
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<tr>
<th>Yes</th>
<th>No</th>
<th>Joining Now</th>
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<td>$19.45</td>
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**Official Conference Maps**

- **NEW!** Catskill Trails (2005) & see combo
  - $14.95 | $11.21 | $3.74 |
- **NEW!** East Hudson Trails (2006)
  - $10.95 | $8.21 | $2.50 |
- **NEW!** Harriman-Bear Mountain Trails (2005) & see combo
  - $9.95 | $7.46 | $2.50 |
- **NEW!** Hudson Palisades Trails (2005)
  - $8.95 | $6.71 | $2.50 |
- **NEW!** Kittatinny Trails (2005) & see combo
  - $12.95 | $9.71 | $3.00 |
- **NEW!** North Jersey Trails (2005)
  - $8.95 | $6.71 | $2.50 |
- **NEW!** Shawangunk Trails (2005) & see combo
  - $10.95 | $8.21 | $2.50 |
- **NEW!** South Taconic Trails (2006)
  - $4.95 | $3.71 | $1.00 |
- **NEW!** Sterling Forest Trails (2005)
  - $8.95 | $6.71 | $2.50 |
- **NEW!** West Hudson Trails (2006)
  - $8.95 | $6.71 | $2.50 |

**Books**

- New York Walk Book (2005) & see combo
  - $22.95 | $17.21 | $3.00 |
- New Jersey Walk Book (2004) & see combo
  - $19.95 | $14.96 | $3.00 |
  - $11.95 | $8.96 | $2.50 |
- Day Walker (2002)
  - $16.95 | $12.71 | $2.50 |
- Harriman Trails Guide (1999) & see combo
  - $16.95 | $12.71 | $2.50 |
- **NEW!** Hiking Long Island (2005)
  - $19.95 | $14.96 | $3.00 |
  - $8.95 | $6.71 | $2.50 |
- Kittatinny Trails (2004) & see combo
  - $19.95 | $14.21 | $2.50 |
  - $16.95 | $12.71 | $2.50 |
- Scenes & Walks in the Northern Shawangunks (1999) (hardcover) & see combo
  - $10.95 | $8.21 | $2.50 |
- Health Hints for Hikers (1994)
  - $5.95 | $4.46 | $2.50 |
  - $19.95 | $14.96 | $4.00 |
  - $12.95 | $9.71 | $3.00 |
  - $14.95 | $11.21 | $3.00 |
  - $19.95 | $14.96 | $4.00 |
- **ADK** Catskill Trails Guide (2005)
  - $19.95 | $14.96 | $4.00 |
- **ADK** Catskill Day Hikes for All Seasons (2002)
  - $16.95 | $12.71 | $2.50 |
- Catskill: A Ranger’s Guide to the High Peaks
  - $14.95 | $11.21 | $2.50 |
  - $14.95 | $11.21 | $2.50 |
  - $18.95 | $14.21 | $3.00 |
- **NEW!** Moon Take a Hike NYC (2006)
  - $19.95 | $14.96 | $4.00 |
  - $13.95 | $10.46 | $2.50 |
- 50 Hikes in the Lower Hudson Valley (2002)
  - $16.95 | $12.71 | $3.00 |
  - $15.95 | $11.96 | $2.50 |
- Best Hikes w/ Children in New Jersey (2005)
  - $15.95 | $11.96 | $2.50 |
- Best Hikes w/ Children in the Catskills & Hudson River Valley (2002)
  - $14.95 | $11.21 | $2.50 |
  - $75.00 | $56.25 | $12.50

**Combo-Packs**

- Catskill (5-map set & ADK book)
  - $30.35 | $22.69 | $5.00 |
- Harriman (2-map set & book)
  - $23.40 | $17.55 | $3.00 |
- NY & NJ Walk Books
  - $38.60 | $29.05 | $9.50 |
- Shawangunk (3-map set & Scenes & Walks book)
  - $18.90 | $14.21 | $4.50 |
- Kittatinny (4-map set & book)
  - $27.80 | $20.85 | $6.95

**The Personal Touch**

- Note Cards: TC Collection
  - $12.00 | $9.00 | $3.00 |
- Long-sleeve Denim Shirt
  - Circle: S | M | L | XL
  - $29.90 | $22.43 | $5.00 |
- Polo Shirt (Forest Green)
  - Circle: S | M | L | XL
  - $19.90 | $14.93 | $5.00 |
- Harriman Map Bandanna
  - $6.95 | $5.21 | $1.75 |
- Conference Logo Patch
  - $2.50 | $2.00 | $0.50 |
- Long Path Logo Patch
  - $2.75 | $2.25 | $0.50 |
- Conference Logo Decal
  - $0.85 | $0.75 | $0.50

Subtotal

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**Total ENCLOSED**

**$57.00**

**$50.00**

Add $6 tax for New Jersey residents.

To make check or money order payable to NY/NJ Trail Conference, and mail to:
156 Ramapo Valley Road, Mahwah, NJ 07430.

For a full descriptive catalog, please write or call 201-512-9348.

*Tax must be paid on books, maps, etc., but not on clothing or shipping. By customers with NJ ship-to (not billing) addresses.

*Prices are subject to change. (05/06)