

## T A B L E   O F   C O N T E N T S



Introduction.....	iii
From the Authors.....	xiii
Acknowledgements .....	xiv
Hiker's Etiquette.....	xv
When I Went Walking .....	xvi
I. Tiny Treasures .....	1
Bye Preserve .....	2
Carolin's Grove .....	2
Crawford Park and Rye Hills Park .....	3
Cross River Dam .....	4
Croton River Gorge Trail .....	4
East Irvington Nature Preserve .....	5
East Rumbrook Park .....	5
Eastwoods Preserve.....	6
Grossman Preserve .....	7
Guard Hill Park.....	7
Haas Sanctuary.....	8
Halsey Pond .....	9
Hemlock Brook Preserve .....	10
Hunt Woods Park .....	10
Kate Kennard Trail .....	11
Leatherman's Ridge.....	12
Henry Morgenthau Preserve .....	12
Old Church Lane Preserve .....	13
Old Goldens Bridge Trail .....	14
Peabody Preserve Outdoor Classroom.....	15
Pinecliff Sanctuary .....	16
Pocantico Park .....	17
Purdys Ridge Preserve.....	17
Rock Hill Park.....	18
Russell Preserve.....	18
Saint Paul's Chapel.....	19
Sparkle Lake Park.....	20
II. Pocket Parks .....	21
Armstrong Preserve and Richards Preserve.....	22
Bloomerside Preserve.....	25
Choate Sanctuary .....	27
Clark Preserve .....	29
Croton Gorge Park .....	31
Fort Hill Park.....	33
Greenburgh Nature Center .....	34
Halle Ravine Nature Preserve .....	36
Jack Harrington Greenway Trail, City of White Plains Walking Trail .....	38
Ridgeway Nature Preserve .....	39
Bryant Mamaroneck Park.....	40

Koegel Park .....	41
Marx Preserve .....	43
Onatru Farm Park and Preserve.....	44
Frederick P. Rose Nature Preserve .....	46
Sleepy Hollow Cemetery .....	48
Somers Rail Trail.....	50
Upper Village Loop Trail .....	51
Van Cortlandtville Woods .....	53
Willson's Woods Park.....	54
 III. Morning Strolls .....	55
Burden Preserve .....	56
Community and Cross Country Trails .....	58
Ruth Walgreen Franklin and Winfred Fels Memorial Sanctuary.....	60
Glazier Preserve .....	63
Hilltop Hanover Farm and Environmental Center.....	66
Hunter Brook Preserve .....	68
Juhring Estate.....	70
Larchmont Reservoir .....	72
Lenoir Preserve .....	75
Untermyer Park.....	76
Marshlands Conservancy.....	78
Merestead .....	80
Herbert L. Nichols Preserve.....	83
Old Field Preserve .....	85
Pine Croft Meadow Preserve.....	87
Long Pond Preserve.....	87
Pound Ridge Town Park.....	89
Pruyn Sanctuary .....	90
Edith G. Read Wildlife Sanctuary .....	93
Rye Nature Center .....	95
Betsy Sluder Nature Preserve.....	97
Sunny Ridge Preserve.....	99
Taxter Ridge Park Preserve.....	102
Warburg Park .....	105
 IV. Afternoon Jaunts .....	107
Brownell .....	108
Falcon Ridge Drive Nature Preserve.....	109
Governor Mario M. Cuomo Bridge .....	110
Gedney Park.....	111
George's Island Park .....	114
Montrose Point State Forest.....	116
Glenville Woods Park Preserve.....	118
Buttermilk Ridge Park.....	120
Mildred E. Grierson Memorial Wildlife Sanctuary, Marion Yarrow Preserve	122
Mount Holly Preserve .....	125
Hardscrabble Wilderness Area .....	126
Hart's Brook Park and Preserve .....	129
Ridge Road Park .....	132
Hunt-Parker Memorial Sanctuary .....	133

Lasdon Park, Arboretum, and Veterans Memorial .....	136
Along the Muscoot River .....	139
Mianus River Gorge Preserve .....	140
Mt. Holly Sanctuary .....	143
Oscawana Island Park .....	146
Graff Sanctuary .....	148
Rockwood Hall .....	149
Saint Matthew's Church Woodland .....	153
Silver Lake Preserve .....	156
Tarrytown Lakes Parks .....	160
Tibbetts Brook Park .....	162
Donald J. Trump State Park .....	164
Danner Family Preserve .....	165
Turkey Mountain Nature Preserve .....	166
Ward Acres Park .....	169
Whippoorwill Park .....	172
Woodlands Legacy Fields Park .....	176
 V. Day Trippers.....	179
Baxter Tract .....	180
Beaver Dam Sanctuary .....	182
Brinton Brook .....	184
Highland Trail .....	187
Lytle Memorial Arboretum.....	187
Butler Memorial Sanctuary .....	188
Camp Smith Trail .....	192
Cranberry Lake Preserve.....	195
Croton Point Park .....	200
FDR State Park .....	203
Graham Hills Park .....	208
Granite Knolls Park .....	211
Hillside Woods and Hillside Park.....	216
Estherwood Trail .....	218
Hastings Trailways Parks.....	219
Hudson Highlands Gateway Park .....	220
Irvington Woods/V. Everit Macy Park.....	223
Kitchawan Preserve.....	227
Leon Levy Preserve .....	231
Meyer Preserve .....	235
Muscoot Farm Park.....	239
Sprain Ridge Park.....	242
Sylvan Glen Park Preserve .....	244
Twin Lakes/Nature Study Woods .....	250
Westchester Wilderness Walk .....	253
Westmoreland Sanctuary .....	257
 VI. Large Parks .....	263
Angle Fly Preserve.....	264
Reis Park .....	271
Blue Mountain .....	273
DePew Park .....	277

Mountain Lakes .....	279
Hearst-Mead, Hamli, and O'Donohue Preserves .....	284
Rockefeller Park State Park Preserve.....	286
Pocantico Lake Preserve.....	293
Saxon Woods Park.....	294
Weinberg Nature Center .....	299
Teatown.....	300
Ward Pound Ridge Reservation .....	309
Lewisboro Town Park & Nature Preserve .....	325
 VII. Linear Corridors.....	327
Along the River .....	329
Annsville Creek Paddle Sport Center and Annsville Creek Preserve .....	330
Peekskill Landing Park and Riverfront Green Park .....	330
Cortlandt Shoreline Trail .....	332
Croton Waterfront Trail .....	332
CrOssining.....	334
Edward M. Wheeler Crawbuckie Nature Preserve .....	334
Ossining Waterfront.....	335
Kingsland Point Park .....	335
RiverWalk—Sleepy Hollow Landing Park and Pierson Park .....	337
RiverWalk— South of Tarrytown .....	337
Scenic Hudson Park.....	338
Ardsley Waterfront .....	339
Rowley's Bridge Trail .....	339
Yonkers North Hudson Promenade .....	340
Yonkers Waterfront.....	340
Along the Sound .....	342
Pelham Manor Shore Park.....	342
Glen Island Park .....	342
Davenport Park and Davenport Neck Sanctuary .....	343
Five Islands Park.....	344
Larchmont Manor Park .....	345
Flint Park and Hommocks Conservation Area .....	345
Harbor Island Park .....	346
Otter Creek Preserve .....	347
Playland, Rye Town Park and Oakland Beach/Rye Beach .....	348
Briarcliff Peekskill Trailway .....	349
Charles Cook Park .....	353
Town of Cortlandt Preserve and Trail .....	353
Bronx River Reservation .....	354
Empire State Trailway .....	360
North County Trailway .....	362
South County Trailway .....	366
Hutchinson River Pathway .....	372
Leatherstocking Trail .....	377
Sheldrake River Trails Conservation Area.....	379
Old Croton Aqueduct State Historic Park .....	380
Teatown-Kitchawan Trail .....	392
John E. Hand Park.....	395
Yorktown Trailway .....	397

VIII. Trail Systems.....	399
Bedford Riding Lanes Association.....	400
Guard Hill Preserve .....	401
John Jay Homestead.....	401
Colonial Greenway .....	402
East Coast Greenway .....	406
Hudson River Valley Greenway Trail—RiverWalk.....	407
Lewisboro Horseman's Association .....	408
Trails in Mount Kisco .....	408
History/Nature Trails .....	408
Marsh Memorial Sanctuary.....	411
Leonard Park.....	412
Trails in North Salem.....	412
IX. Other Places to Walk.....	415
What You Can Do Where .....	418
Contact Information.....	424
Index .....	427